



Mar 03 - Mar 09, 2024

| Sunday 03-03 | Monday 03-04 | Tuesday 03-05 | Wednesday 03-06 | Thursday 03-07 | Friday 03-08 | Saturday 03-09 |
|---|--|--|--|--|---|--|
| Breakfast | | | | | | |
| Choice of Hot/Cold Cereal Egg & Sausage Bake Fruit Danish Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Scrambled Eggs Smoked Sausage Toast Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Poached Eggs Bacon Toast Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Pancakes w/ Margarine & Syrup Sausage Patty Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Egg Patty Canadian Bacon English Muffin Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Scrambled Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Waffles w/ Margarine & Syrup Breakfast Ham Coffee, Tea, Milk, Juice |
| Lunch | | | | | | |
| Roast Turkey Mashed Potatoes Stuffing Green Peas Dinner Roll Pumpkin Pie Coffee, Tea, Milk, Juice | Beef Stroganoff Egg Noodles Baby Carrots Dinner Roll Chocolate Pudding Coffee, Tea, Milk, Juice | Polish Sausage Au Gratin Potatoes Key West Veg Blend Buttered Bread Pineapple Chunks Coffee, Tea, Milk, Juice | Turkey a la King Brussels Sprouts Buttermilk Biscuits Cherry Gelatin Coffee, Tea, Milk, Juice | Shepherd's Pie Broccoli Dinner Rolls Raspberry Cookie Coffee, Tea, Milk, Juice | Garlic Shrimp Pasta Alfredo Mixed Vegetables Breadsticks Tropical Fruit Coffee, Tea, Milk, Juice | Pork Chop Suey Rice Pilaf Glazed Carrots Dinner Roll Red Velvet Cake Coffee, Tea, Milk, Juice |
| Dinner | | | | | | |
| Salmon Croquet White Rice Stewed Tomatoes Chilled Peaches Coffee, Tea, Milk, Juice | Ham & Swiss Sandwich Tomato Soup Broccoli Baked Apples Coffee, Tea, Milk, Juice | Fajita Chicken Spanish Rice Fiesta Corn Snickerdoodle Cookie Coffee, Tea, Milk, Juice | Cheeseburgers French Fries Pickled Beets Pound Cake Coffee, Tea, Milk, Juice | Pulled Pork Cole Slaw Cornbread Cinnamon Applesauce Coffee, Tea, Milk, Juice | Cheese Pizza Salad or Green Beans Garlic Bread Lemon Pudding Coffee, Tea, Milk, Juice | Hot Turkey Sandwich Mashed Potatoes Green Peas Grapes Coffee, Tea, Milk, Juice |

Soup & Sandwich Alternate for any meal available upon request
Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change
WK 5



Mar 10 - Mar 16, 2024

| Sunday 03-10 | Monday 03-11 | Tuesday 03-12 | Wednesday 03-13 | Thursday 03-14 | Friday 03-15 | Saturday 03-16 |
|---|--|---|--|--|---|---|
| Breakfast | | | | | | |
| Choice of Hot/Cold Cereal Pancake Sausage Bites w/Margarine & Syrup Scrambled Eggs Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Cheese Omelets Toast Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Scrambled Eggs Bacon Toast Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Egg & Sausage Bake Toast Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal French Toast w/Margarine & Syrup Scrambled Eggs Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal California Egg Bake Raisin Toast Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Scrambled Eggs Sausage Patty Apple Muffins Coffee, Tea, Milk, Juice |
| Lunch | | | | | | |
| Chicken Parmesan Buttered Pasta Capri Veg Blend Breadstick Pumpkin Cake Coffee, Tea, Milk, Juice | Baked Glazed Ham Duchess Potatoes Green Beans Dinner Roll Boston Crème Pie Coffee, Tea, Milk, Juice | Chicken Pot Pie Broccoli Buttered Bread Ice Cream Coffee, Tea, Milk, Juice | Meatloaf Mashed Potatoes Peas & Carrots Dinner Roll Pound Cake Coffee, Tea, Milk, Juice | Tahitian Chicken White Rice Salad or Oriental Vegetables Buttered Bread Fruit Cocktail Coffee, Tea, Milk, Juice | Baked Fish Red Potatoes Brussels Sprouts Dinner Roll Peanut Butter Cookie Coffee, Tea, Milk, Juice | Stuffed Peppers Scalloped Potatoes Buttered Bread Pudding Parfait Coffee, Tea, Milk, Juice |
| Dinner | | | | | | |
| Oven Fried Fish Tater Tots Cole Slaw Buttered Bread Cinnamon Apples Coffee, Tea, Milk, Juice | Deli Sandwich Tomato Soup Assorted Chips Gelatin Coffee, Tea, Milk, Juice | Macaroni & Cheese Stewed Tomatoes Dinner Roll Brownies Coffee, Tea, Milk, Juice | Grilled Tomato & Cheese Chicken Noodle Soup Grapes Coffee, Tea, Milk, Juice | Chili w/Beans Baked Potato Dinner Roll Blondie Bars Coffee, Tea, Milk, Juice | Baked Ziti Cauliflower Garlic Bread Melon Coffee, Tea, Milk, Juice | Chicken Enchiladas Spanish Rice Corn Fruit Crisp Coffee, Tea, Milk, Juice |

Soup & Sandwich Alternate for any meal available upon request
Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change
WK 1



Mar 17 - Mar 23, 2024

| Sunday 03-17 | Monday 03-18 | Tuesday 03-19 | Wednesday 03-20 | Thursday 03-21 | Friday 03-22 | Saturday 03-23 |
|--|---|---|---|--|--|--|
| Breakfast | | | | | | |
| Choice of Hot/Cold Cereal Waffles w/Margarine & Syrup Sausage Links Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Scrambled Eggs Toast Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Poached Eggs Bacon Toast Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Pancakes w/Margarine & Syrup Breakfast Ham Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Scrambled Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Cheesy Eggs Cinnamon Swirl Toast Yogurt Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Egg Patty Canadian Bacon English Muffin Coffee, Tea, Milk, Juice |
| Lunch | | | | | | |
| Pot Roast Mashed Potatoes Carrots Dinner Roll Assorted Pies Coffee, Tea, Milk, Juice | Chicken & Dumplings Broccoli Buttered Bread Cheesecake Coffee, Tea, Milk, Juice | Turkey Tetrazinni Cauliflower Garlic Bread Chocolate Chip Cookie Coffee, Tea, Milk, Juice | Salmon Croquet Mashed Potatoes Baby Carrots Buttered Bread Banana Pudding Coffee, Tea, Milk, Juice | Roast Turkey Bread Stuffing Capri veg Blend Dinner Roll Chocolate Cake Coffee, Tea, Milk, Juice | Seafood Chowder Butternut Squash Biscuits Grapes Coffee, Tea, Milk, Juice | Baked Glazed Ham Sweet Potatoes Wax Beans Dinner Roll Strawberry Shortcake Coffee, Tea, Milk, Juice |
| Dinner | | | | | | |
| Alfredo Pizza Casserole Italian Green Beans Breadsticks Diced Pears Coffee, Tea, Milk, Juice | Polish Sausage Au Gratin Potatoes Green Peas Dinner Roll Banana Coffee, Tea, Milk, Juice | Roast Beef & Provolone Vegetable Soup Assorted Chips Cinnamon Applesauce Coffee, Tea, Milk, Juice | Chili Dogs French Fries Melon Coffee, Tea, Milk, Juice | Beef Macaroni Casserole Key West Veg Blend Buttered Bread Fruit Cup Coffee, Tea, Milk, Juice | Grilled Cheese Tomato Soup Carrots Gelatin Coffee, Tea, Milk, Juice | Chicken & Rice Casserole Green Peas Buttered Bread Apple Slices Coffee, Tea, Milk, Juice |

Soup & Sandwich Alternate for any meal available upon request
Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change
WK 2



Mar 24 - Mar 30, 2024

| Sunday 03-24 | Monday 03-25 | Tuesday 03-26 | Wednesday 03-27 | Thursday 03-28 | Friday 03-29 | Saturday 03-30 |
|---|--|--|---|---|---|---|
| Breakfast | | | | | | |
| Choice of Hot/Cold Cereal Scrambled Eggs Smoked Sausage Links Blueberry Muffin Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Cheese Omelet Toast Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Egg & Sausage Bake Toast Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Egg Patty Canadian Bacon English Muffin Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Scrambled Eggs Bacon Toast Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Fried Eggs Hash Browns Toast Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Poached Eggs Sausage Patty Cinnamon Swirl Bread Coffee, Tea, Milk, Juice |
| Lunch | | | | | | |
| Dijon Chicken Red Potatoes Broccoli Dinner Roll Assorted Pies Coffee, Tea, Milk, Juice | Swedish Meatballs Egg Noodles Harvest Veg Blend Buttered Bread Diced Pears Coffee, Tea, Milk, Juice | Tahitian Chicken Yellow Rice Oriental Vegetables Dinner Roll Apple Cobbler Coffee, Tea, Milk, Juice | Beef Pepper Patty Mashed Potatoes Roasted Zucchini Buttered Bread Fruit Crisp Coffee, Tea, Milk, Juice | Pork Shoulder Roast Buttered Pasta Green Beans Dinner Roll Grapes Coffee, Tea, Milk, Juice | Baked Cod Onion Roasted Potatoes Baby Carrots Buttered Bread Brownies Coffee, Tea, Milk, Juice | Turkey Pot Roast Bread Stuffing Harvest Veg Blend Dinner Roll Pumpkin Pie Coffee, Tea, Milk, Juice |
| Dinner | | | | | | |
| Fish Sandwich Tater Tots Green Beans Cinnamon Applesauce Coffee, Tea, Milk, Juice | Chili w/Beans Corn Biscuits Oatmeal Raisin Cookie Coffee, Tea, Milk, Juice | Ham Salad Sandwich Vegetable Soup French Fries Melon Coffee, Tea, Milk, Juice | Tuna Casserole Tossed Salad or Broccoli Dinner Roll Banana Coffee, Tea, Milk, Juice | Turkey Cranberry Sandwich Tomato Soup Capri Vegetables Chocolate Chip Cookie Coffee, Tea, Milk, Juice | Baked Ziti Cauliflower Garlic Bread Fruited Gelatin Coffee, Tea, Milk, Juice | Deli Sandwich Pickled Beets Assorted Chips Pineapple Chunks Coffee, Tea, Milk, Juice |

Soup & Sandwich Alternate for any meal available upon request
Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change
WK 3



Mar 31 - Apr 06, 2024

| Sunday 03-31 | Monday 04-01 | Tuesday 04-02 | Wednesday 04-03 | Thursday 04-04 | Friday 04-05 | Saturday 04-06 |
|--|---|---|--|---|--|--|
| Breakfast | | | | | | |
| Choice of Hot/Cold Cereal Waffles w/Margarine & Syrup Smoked Sausages Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Cheesy Eggs Toast Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Poached Eggs Bacon Toast Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal French Toast w/Margarine & Syrup Sausage Links Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Scrambled Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Cheese Omelet Cinnamon Swirl Toast Yogurt Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Egg Patty Canadian Bacon English Muffin Coffee, Tea, Milk, Juice |
| Lunch | | | | | | |
| Baked Glazed Ham Baked Potato Key West Veg Blend Dinner Roll Mixed Berry Shortcake Coffee, Tea, Milk, Juice | Creamed Chipped Beef on Toast Mashed Potatoes Broccoli Watermelon Coffee, Tea, Milk, Juice | Chicken & Dumplings Green Peas Dinner Roll Strawberry Cheesecake Coffee, Tea, Milk, Juice | Beef Tips & Mushrooms Egg Noodles Green Beans Buttered Bread Apple Pie Coffee, Tea, Milk, Juice | Chicken Cordon Bleu Onion Roasted Potatoes Cauliflower Dinner Roll Mousse Coffee, Tea, Milk, Juice | Bourbon Fish Rice Pilaf Brussels Sprouts Buttered Bread Fruit Cup Coffee, Tea, Milk, Juice | Pork Fritters Buttered Pasta Roasted Zucchini Dinner Roll Cupcakes Coffee, Tea, Milk, Juice |
| Dinner | | | | | | |
| Chicken Tenders Pasta Salad Wax Beans Cinnamon Applesauce Coffee, Tea, Milk, Juice | Cabbage Rolls Mixed Vegetables Dinner Roll Pudding Cup Coffee, Tea, Milk, Juice | Roast Beef & Cheddar Curly Fries Cole Slaw Diced Pears Coffee, Tea, Milk, Juice | Bratwurst Burgers Potato Salad Carrots Bananas Coffee, Tea, Milk, Juice | Grilled Turkey & Swiss Broccoli Cheese Soup Citrus Gelatin Coffee, Tea, Milk, Juice | Cheese Lasagna Rolls Tossed Salad or Peas & Carrots Garlic Bread Ice Cream Coffee, Tea, Milk, Juice | Beef Stew Winter Veg Blend Cornbread Mandarin Oranges Coffee, Tea, Milk, Juice |

Soup & Sandwich Alternate for any meal available upon request
Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change
WK 4