

January 2024



640 W. Randall St., Coopersville (616) 997-9753



Celebrating January

Hot Tea Month

Blood Donor Month

Brain Teaser Month

New Year's Day

January 1

Trivia Day

January 4

Step in a Puddle and Splash

Your Friends Day

January 11

Dress Up Your Pet Day

January 14

Martin Luther King Jr. Day

January 15

Kid Inventors Day

January 17

Take a Walk Outdoors Day

January 20

Australia Day

January 26

National Seed Swap Day

January 27

Puzzle Day

January 29

Happy New Year!!
Happy New Year!!



Moments of Joy, playing with ping pong balls, and puzzles!



In Praise of Compliments

January 24 may be the most positive day of the year—it's Compliment Day!



Compliments are not just friendly small talk; they are powerful tools to build and strengthen relationships. After all, when you pay a compliment, you are focused entirely on the other person. A happy by-product is that they also make the person paying the compliment feel good.

Giving good and honest compliments is hard work. You must truly get to know the other person by listening to their words, observing their actions, and learning from their experiences. And if you've ever received a heartfelt compliment, you know how good one can make you feel. As Mark Twain once quipped, "I can live for two months on a good compliment."

Have you ever paid a compliment that seemed to go unnoticed? Not all compliments are created equal. If you want your compliment to be heard loud and clear, follow these steps:

1. **Be sincere.** Don't give a compliment if you don't mean it.
2. **Be specific.** Don't say something vague; say something that shows you're paying close attention to the person.
3. **Go beyond the compliment.** Don't just compliment another person; go further by commenting on the positive outcome of that person's action or choice.
4. **Follow up with a question.** Show genuine interest by asking a question and turning your compliment into a conversation.
5. **Avoid comparisons.** Don't tell someone that they are better than something else; value the person in their own right.
6. **Expect nothing in return.** Never offer a compliment and then ask for a favor at the same time.
7. **Setting matters.** There is a right time and place for every compliment.



Judy B.....12

Walter D.....13

Karen H.....15

Ron K.....21

*Hope your day is special like
you are!*



The Officers and the Grinch visit

We will sadly miss...

Carl Zimmer who recently passed away. Our thoughts and prayers are with his family and friends.



Christmas Party Musicians were a delight to hear!

***Thank you to all those in our community who helped brighten the holidays with gifts, singing, cards, poinsettias, and goodies! We are very blessed!**

Do You Kazoo?

The kazoo, that humble buzzing instrument shaped like a submarine, was invented by Warren Herbert Frost on January 9, 1883. However, Frost's instrument was not the simple toy we know today. It wasn't until 1902 that the classic version was designed by George D. Smith.



To play the instrument well, one must hum a tune into it. Indeed, kazoo players' talents depend more on their humming ability than

anything else. Perhaps one of the most adored modern kazooists is the classically trained singer Barbara Stewart, who not only performed at Carnegie Hall but also wrote *The Complete How to Kazoo*.

The kazoo is commonly played for comedic effect in jug bands and comedy revues, but it has also been used in music by master composers such as Leonard Bernstein and Charles Ives. Known as the "most democratic" of instruments, anyone can pick up a kazoo and play it right away. Perhaps you should do just that on January 28, Kazoo Day.

By Any Measure



Maybe you've forgotten because they've been covered in wool socks all winter, but January 23 is Measure Your Feet Day. Why would someone do such a thing? Perhaps to buy a new pair of snow boots, ice skates, or ski

boots. Or perhaps you should measure your feet on this day because 88 percent of women routinely wear shoes that are too small, and 70 percent of men wear shoes that are the wrong size. Furthermore, not only does the size of your foot change over time, but your two feet are likely not the same size. It is no wonder that so many people wear uncomfortable shoes.



Shirley H.'s daughter & grandson sing a duet with the renewed group, "The O.K.'s". So glad to have them back!



The Girls of Grace deliver gifts to each resident from members of their church! God bless them all for their kindness.

Leadership Team

Connie Clauson...Chief Operating Officer

Kelly Smith...Regional Operations Director

Tara Frazier... Administrator

Nancy Brewer... Business Manager

Andrea Steffes... Life Enrichment & Volunteer Director

Gary Lutz...Food Service Director

Markus Temple...Maintenance Director



Michael D., Barbara J., and Dale L.!!
We are so glad that you are here at
Fountain View of Coopersville.

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