



Nov 26 - Dec 02, 2023

Sunday 11-26	Monday 11-27	Tuesday 11-28	Wednesday 11-29	Thursday 11-30	Friday 12-01	Saturday 12-02
Breakfast						
Choice of Hot/Cold Cereal Breakfast Sandwich Hash Browns Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Pancake Sausage Bites w/ Margarine & Syrup Scrambled Eggs Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Eggs Bacon Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal S.W. Egg Bake Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Sausage Patty Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheese Omelets Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal California Egg Bake Fruit Danish Coffee, Tea, Milk, Juice
Lunch						
Pot Roast Baked Potato Green Peas Dinner Roll Pecan Pie Coffee, Tea, Milk, Juice	Oven Fried Fish Buttered Pasta Mixed Vegetables Angel food Cake Coffee, Tea, Milk, Juice	Tahitian Chicken White Rice Oriental Vegetables Dinner Roll Grapes Coffee, Tea, Milk, Juice	Meatloaf Mashed Potatoes Green Beans Buttered Bread Ice Cream Coffee, Tea, Milk, Juice	Pork Shoulder Roast Egg Noodles Carrots Dinner Roll Fruit Crisp Coffee, Tea, Milk, Juice	Garlic Shrimp Pasta Alfredo Prince Charles Veg Breadsticks Raspberry Cookies Coffee, Tea, Milk, Juice	Turkey Piccata Red Potatoes Cauliflower Dinner Roll German Chocolate Cake Coffee, Tea, Milk, Juice
Dinner						
Mexicali Mac & Cheese Fiesta Corn Buttered Bread Mandarin Oranges Coffee, Tea, Milk, Juice	Deli Sandwich Vegetable Soup Assorted Chips Pudding Cup Coffee, Tea, Milk, Juice	Chili w/Beans Cornbread Roasted Carrots Gelatin Coffee, Tea, Milk, Juice	Grilled Cheese Tomato Soup Tater Tots Pineapple Chunks Coffee, Tea, Milk, Juice	Chicken Tenders Baked Beans Cole Slaw Banana Coffee, Tea, Milk, Juice	Tuna Casserole Capri Veg Blend Buttered Bread Cinnamon Applesauce Coffee, Tea, Milk, Juice	Baked Ham Sweet Potatoes Broccoli Fruit Salad Coffee, Tea, Milk, Juice

Soup & Sandwich Alternate for any meal available upon request
 Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change
 WK 1



Dec 03 - Dec 09, 2023

Sunday 12-03	Monday 12-04	Tuesday 12-05	Wednesday 12-06	Thursday 12-07	Friday 12-08	Saturday 12-09
Breakfast						
Choice of Hot/Cold Cereal French Toast w/Margarine & Syrup Scrambled Eggs Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Eggs Sausage Patty Raisin Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Breakfast Sandwich Ham Slice Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Sausage links Apple Muffin Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Fried Eggs Hash Browns Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Cinnamon Swirl Toast Coffee, Tea, Milk, Juice
Lunch						
Salmon Croquet Au Gratin Potatoes Green Peas Dinner Roll Cherry Brownie Coffee, Tea, Milk, Juice	Pork Fritters Rice Pilaf Lima Beans Buttered Bread Sponge Cake Coffee, Tea, Milk, Juice	Roast Turkey Stuffing & Gravy Cauliflower Dinner Roll Apple Pie Coffee, Tea, Milk, Juice	Chicken Parmesan Spaghetti Noodles Baby Carrots Buttered Bread Banana Pudding Coffee, Tea, Milk, Juice	Beef Pot Roast Red Potatoes Capri Veg Blend Dinner Roll Pound Cake Coffee, Tea, Milk, Juice	Seafood Chowder Butternut Squash Cheddar Biscuits Gelatin Coffee, Tea, Milk, Juice	Salisbury Steak Mashed Potatoes Carrots Dinner Roll Strawberry Shortcake Coffee, Tea, Milk, Juice
Dinner						
Corned Beef & Swiss Minestrone Soup Watermelon Coffee, Tea, Milk, Juice	Lemon Pepper Chicken Egg Noodles Glazed Carrots Dinner Roll Cinnamon Applesauce Coffee, Tea, Milk, Juice	Beef & Ched Casserole Broccoli Cornbread Ice Cream Coffee, Tea, Milk, Juice	Tuna Melt Potato Soup Baked Apples Coffee, Tea, Milk, Juice	Hot Dogs French Fries Cole Slaw Fruit Cup Coffee, Tea, Milk, Juice	Penne Primavera Italian Green Beans Garlic Bread Peach Cobbler Coffee, Tea, Milk, Juice	Pot Pie California Veg Blend Buttered Bread Diced Pears Coffee, Tea, Milk, Juice

Soup & Sandwich Alternate for any meal available upon request
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WK 2





Dec 10 - Dec 16, 2023

Sunday 12-10	Monday 12-11	Tuesday 12-12	Wednesday 12-13	Thursday 12-14	Friday 12-15	Saturday 12-16
Breakfast						
Choice of Hot/Cold Cereal Waffles w/ Margarine & Syrup Smoked Sausage Links Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheese Omelet Blueberry Muffin Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg & Sausage Bake Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg Patty Canadian Bacon English Muffin Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Bacon Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Fried Eggs Hash Browns Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Sausage Patty Cinnamon Swirl Bread Coffee, Tea, Milk, Juice
Lunch						
Dijon Chicken Red Potatoes Broccoli Dinner Roll Assorted Pies Coffee, Tea, Milk, Juice	Beef Stroganoff Egg Noodles Green Peas Buttered Bread Diced Pears Coffee, Tea, Milk, Juice	Glazed Ham Au Gratin Potatoes Green Beans Dinner Roll Apple Cobbler Coffee, Tea, Milk, Juice	Beef Pepper Patty Mashed Potatoes Roasted Zucchini Buttered Bread Fruit Crisp Coffee, Tea, Milk, Juice	Tahitian Chicken Yellow Rice Oriental Vegetables Dinner Roll Grapes Coffee, Tea, Milk, Juice	Lemon Pepper Cod Onion Roasted Potatoes Baby Carrots Buttered Bread Brownies Coffee, Tea, Milk, Juice	Turkey Pot Roast Sweet Potatoes Green Beans Dinner Roll Pumpkin Roll Coffee, Tea, Milk, Juice
Dinner						
Ham & Swiss Sandwich Tater Tots Carrots Cinnamon Applesauce Coffee, Tea, Milk, Juice	Chili w/Beans Corn Biscuits Oatmeal Raisin Cookie Coffee, Tea, Milk, Juice	Cranberry Trky Sandwich Tomato Soup Capri Vegetables Melon Coffee, Tea, Milk, Juice	Tuna Casserole Tossed Salad or Beets Dinner Roll Banana Coffee, Tea, Milk, Juice	Ham Salad Sandwich Vegetable Soup French Fries Chocolate Chip Cookie Coffee, Tea, Milk, Juice	Baked Ziti Cauliflower Garlic Bread Baked Apples Coffee, Tea, Milk, Juice	Deli Sandwich Pickled Beets Assorted Chips Pineapple Chunks Coffee, Tea, Milk, Juice

Soup & Sandwich Alternate for any meal available upon request
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Menus Subject to Change
WK 3

Sunday 12-17	Monday 12-18	Tuesday 12-19	Wednesday 12-20	Thursday 12-21	Friday 12-22	Saturday 12-23
Breakfast						
Choice of Hot/Cold Cereal Pancakes w/Margarine & Syrup Breakfast Ham Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Bacon Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Waffles Sausage Links Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Eggs Cinnamon Swirl Toast Yogurt Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg Patty Canadian Bacon English Muffin Coffee, Tea, Milk, Juice
Lunch						
Pork Shoulder Roast Baked Potato Key West Veg Blend Dinner Roll Mixed Berry Shortcake Coffee, Tea, Milk, Juice	Creamed Chipped Beef on Toast Mashed Potatoes Broccoli Brownies Coffee, Tea, Milk, Juice	Chicken & Dumplings Green Peas Dinner Roll Diced Pears Coffee, Tea, Milk, Juice	Pot Roast Red Bliss Potatoes Green Beans Buttered Bread Strawberry Cheesecake Coffee, Tea, Milk, Juice	Chicken Cordon Bleu Onion Roasted Potatoes Broccoli Dinner Roll Bananas Coffee, Tea, Milk, Juice	Bourbon Fish Rice Pilaf Brussels Sprouts Buttered Bread Ice Cream Coffee, Tea, Milk, Juice	Pork Chops Buttered Pasta Roasted Zucchini Dinner Roll Cupcakes Coffee, Tea, Milk, Juice
Dinner						
Chicken Tenders Pasta Salad Wax Beans Cinnamon Applesauce Coffee, Tea, Milk, Juice	Cabbage Rolls Mixed Vegetables Dinner Roll Watermelon Coffee, Tea, Milk, Juice	Roast Beef & Cheddar Curly Fries Cole Slaw Cherry Shortbread Coffee, Tea, Milk, Juice	Grilled Turkey & Swiss Butternut Squash Soup Baked Apples Coffee, Tea, Milk, Juice	CHRISTMAS PARTY Baked Glazed Ham Duchess Potatoes  Baby Carrots  Dinner Rolls Assorted Desserts Assorted Beverages	6 Cheese Lasagna Tossed Salad or Peas & Carrots Garlic Bread Grapes Coffee, Tea, Milk, Juice	Beef Stew Winter Veg Blend Cornbread Mandarin Oranges Coffee, Tea, Milk, Juice

Soup & Sandwich Alternate for any meal available upon request

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WK 4



Dec 24 - Dec 30, 2023

Sunday 12-24	Monday 12-25	Tuesday 12-26	Wednesday 12-27	Thursday 12-28	Friday 12-29	Saturday 12-30
Breakfast						
Choice of Hot/Cold Cereal Egg & Sausage Bake Fruit Danish Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Smoked Sausage Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Bacon Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Pancakes w/ Margarine & Syrup Sausage Patty Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg Patty Canadian Bacon English Muffin Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Waffles w/ Margarine & Syrup Breakfast Ham Coffee, Tea, Milk, Juice
Lunch						
Roast Turkey Mashed Potatoes Stuffing Green Peas Dinner Roll Pumpkin Pie Coffee, Tea, Milk, Juice	CHRISTMAS Honey Glazed Ham Sweet Potatoes Green Bean Casserole Dinner Rolls Strawberry Cake Coffee, Tea, Milk, Juice	Swedish Meatballs Egg Noodles Baby Carrots Dinner Roll Pineapple Chunks Coffee, Tea, Milk, Juice	Oven Fried Chicken Potato Salad California Veg Blend Buttered Bread Chocolate Pudding Coffee, Tea, Milk, Juice	Turkey a la King Brussels Sprouts Buttermilk Biscuits Cherry Gelatin Coffee, Tea, Milk, Juice	Garlic Shrimp Pasta Alfredo Mixed Vegetables Breadsticks Raspberry Cookies Coffee, Tea, Milk, Juice	Pork Chop Suey Rice Pilaf Glazed Carrots Dinner Roll Red Velvet Cake Coffee, Tea, Milk, Juice
Dinner						
Salmon Croquet White Rice Stewed Tomatoes Chilled Peaches Coffee, Tea, Milk, Juice	Rst Beef & Swiss Sandwich Tomato Soup Broccoli Watermelon Coffee, Tea, Milk, Juice	Fajita Chicken Spanish Rice Fiesta Corn Snickerdoodle Cookie Coffee, Tea, Milk, Juice	Pulled Pork Cole Slaw Cornbread Cinnamon Applesauce Coffee, Tea, Milk, Juice	Cheeseburgers French Fries Pickled Beets Pound Cake Coffee, Tea, Milk, Juice	Cheese Pizza Salad or Green Beans Garlic Bread Fruit Cocktail Coffee, Tea, Milk, Juice	Hot Turkey Sandwich Mashed Potatoes Green Peas Grapes Coffee, Tea, Milk, Juice

Soup & Sandwich Alternate for any meal available upon request
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Menus Subject to Change
 WK 5