## 兴FountainView <br> ASSISTED LIVING

Feb 04 - Feb 10, 2024

| Sunday 02-04 | $\begin{gathered} \hline \text { Monday } \\ 02-05 \end{gathered}$ | Tuesday 02-06 | Wednesday 02-07 | $\begin{gathered} \hline \text { Thursday } \\ 02-08 \end{gathered}$ | Friday 02-09 | $\begin{gathered} \hline \text { Saturday } \\ 02-10 \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast |  |  |  |  |  |  |
| Choice of Hot/Cold Cereal <br> Pancake Sausage Bites w/Margarine \& Syrup Scrambled Eggs Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Cheese Omelets Toast Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Scrambled Eggs <br> Bacon <br> Toast <br> Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal <br> Egg \& Sausage Bake Toast <br> Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal <br> French Toast <br> w/Margarine \& Syrup <br> Poached Eggs <br> Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal <br> Egg Patty <br> Canadian Bacon <br> English Muffin <br> Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal <br> Scrambled Eggs <br> Sausage Patty <br> Apple Muffins <br> Coffee, Tea, Milk, Juice |
| Lunch |  |  |  |  |  |  |
| Chicken Parmesan <br> Buttered Pasta <br> Capri Veg Blend <br> Breadstick <br> Pumpkin Cake <br> Coffee, Tea, Milk, Juice | Baked Glazed Ham Duchess Potatoes Green Beans Dinner Roll Boston Crème Pie Coffee, Tea, Milk, Juice | Chicken Pot Pie <br> Broccoli <br> Buttered Bread <br> Ice Cream <br> Coffee, Tea, Milk, Juice | Meatloaf <br> Mashed Potatoes <br> Peas \& Carrots <br> Dinner Roll <br> Pound Cake <br> Coffee, Tea, Milk, Juice | Tahitian Chicken White Rice <br> Salad or Oriental Vegetables <br> Buttered Bread Melon <br> Coffee, Tea, Milk, Juice | Baked Fish <br> Red Potatoes <br> Brussels Sprouts <br> Dinner Roll <br> Blondie Bars <br> Coffee, Tea, Milk, Juice | Stuffed Peppers <br> Scalloped Potatoes <br> Buttered Bread <br> Pudding Parfait <br> Coffee, Tea, Milk, Juice |
| Dinner |  |  |  |  |  |  |
| Oven Fried Fish French Fries Cole Slaw Buttered Bread Cinnamon Apples Coffee, Tea, Milk, Juice | Deli Sandwich <br> Tomato Soup <br> Assorted Chips Gelatin <br> Coffee, Tea, Milk, Juice | Macaroni \& Cheese <br> Stewed Tomatoes <br> Dinner Roll <br> Brownies <br> Coffee, Tea, Milk, Juice | Grilled Tomato \& Cheese <br> Chicken Noodle Soup Grapes <br> Coffee, Tea, Milk, Juice | Chili w/Beans <br> Baked Potato <br> Dinner Roll <br> Peanut Butter Cookies <br> Coffee, Tea, Milk, Juice | Baked Ziti <br> Cauliflower <br> Garlic Bread <br> Fruit Cocktail <br> Coffee, Tea, Milk, Juice | Chicken Enchiladas <br> Spanish Rice <br> Corn <br> Fruit Crisp <br> Coffee, Tea, Milk, Juice |

Soup \& Sandwich Alternate for any meal available upon request
Menus Subject to Change
Mechanical Soft \& Puree Diet options provided with all meals

## FountainView <br> ASSISTED LIVING

Feb 11 - Feb 17, 2024

| $\begin{gathered} \text { Sunday } \\ 02-11 \end{gathered}$ | $\begin{gathered} \hline \text { Monday } \\ \mathbf{0 2 - 1 2} \end{gathered}$ | $\begin{gathered} \text { Tuesday } \\ 02-13 \end{gathered}$ | Wednesday 02-14 | Thursday 02-15 | Friday $02-16$ | Saturday 02-17 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast |  |  |  |  |  |  |
| $\begin{gathered} \text { Choice of Hot/Cold Cereal } \\ \text { Waffles } \\ \text { w/Margarine \& Syrup } \\ \text { Sausage Links } \\ \text { Coffee, Tea, Milk, Juice } \end{gathered}$ | Choice of Hot/Cold Cereal <br> Scrambled Eggs <br> Toast <br> Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal <br> Poached Eggs <br> Bacon <br> Toast <br> Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal <br> Pancakes <br> w/Margarine \& Syrup Breakfast Ham <br> Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal <br> Scrambled Eggs <br> Biscuits \& Gravy <br> Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal <br> Cheesy Eggs <br> Cinnamon Swirl Toast <br> Yogurt <br> Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal <br> Egg Patty <br> Canadian Bacon <br> English Muffin <br> Coffee, Tea, Milk, Juice |
| Lunch |  |  |  |  |  |  |
| Pot Roast Mashed Potatoes Carrots Dinner Roll Assorted Pies Coffee, Tea, Milk, Juice | Chicken \& Dumplings Broccoli Buttered Bread Cheesecake Coffee, Tea, Milk, Juice | Turkey Tetrazinni Cauliflower Garlic Bread Chocolate Chip Cookie Coffee, Tea, Milk, Juice | Salmon Croquet <br> Mashed Potatoes <br> Baby Carrots <br> Buttered Bread <br> Banana Pudding <br> Coffee, Tea, Milk, Juice | Roast Turkey <br> Bread Stuffing <br> Capri veg Blend <br> Dinner Roll <br> Chocolate Cake <br> Coffee, Tea, Milk, Juice | Seafood Chowder <br> Butternut Squash <br> Biscuits <br> Gelatin <br> Coffee, Tea, Milk, Juice | Baked Glazed Ham <br> Sweet Potatoes <br> Wax Beans <br> Dinner Roll <br> Strawberry Shortcake <br> Coffee, Tea, Milk, Juice |
| Dinner |  |  |  |  |  |  |
| Alfredo Pizza Casserole Italian Green Beans Breadsticks Diced Pears Coffee, Tea, Milk, Juice | Polish Sausage <br> Au Gratin Potatoes <br> Green Peas <br> Dinner Roll <br> Banana <br> Coffee, Tea, Milk, Juice | Roast Beef \& Provolone <br> Vegetable Soup <br> Assorted Chips <br> Watermelon <br> Coffee, Tea, Milk, Juice | Chili Dogs French Fries Cinnamon Applesauce Coffee, Tea, Milk, Juice | Beef Macaroni Casserole <br> Key West Veg Blend <br> Buttered Bread <br> Fruit Cup <br> Coffee, Tea, Milk, Juice | Grilled Cheese Tomato Soup Carrots Grapes Coffee, Tea, Milk, Juice | Chicken \& Rice Casserole <br> Green Peas <br> Buttered Bread <br> Apple Slices <br> Coffee, Tea, Milk, Juice |
| Soup \& Sandwich Alternate for any meal available upon request |  |  |  |  |  | Menus Subject to Change |
| Mechanical Soft \& Puree Diet options provided with all meals |  |  |  |  |  | WK 2 |

## 兴 FountainView <br> ASSISTED LIVING

Feb 18 - Feb 24, 2024

| $\begin{gathered} \text { Sunday } \\ 02-18 \end{gathered}$ | $\begin{gathered} \hline \text { Monday } \\ 02-19 \end{gathered}$ | Tuesday 02-20 | Wednesday 02-21 | Thursday 02-22 | $\begin{gathered} \hline \text { Friday } \\ \mathbf{0 2 - 2 3} \end{gathered}$ | $\begin{gathered} \text { Saturday } \\ 02-24 \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast |  |  |  |  |  |  |
| Choice of Hot/Cold Cereal <br> Scrambled Eggs <br> Smoked Sausage Links Blueberry Muffin <br> Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal <br> Cheese Omelet <br> Toast <br> Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal <br> Egg \& Sausage Bake Toast Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal <br> Egg Patty <br> Canadian Bacon <br> English Muffin <br> Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal <br> Scrambled Eggs <br> Bacon <br> Toast <br> Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal <br> Fried Eggs <br> Hash Browns Toast <br> Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal <br> Poached Eggs <br> Sausage Patty <br> Cinnamon Swirl Bread <br> Coffee, Tea, Milk, Juice |
| Lunch |  |  |  |  |  |  |
| Dijon Chicken Red Potatoes Broccoli Dinner Roll Assorted Pies Coffee, Tea, Milk, Juice | Swedish Meatballs <br> Egg Noodles Green Peas <br> Buttered Bread <br> Diced Pears <br> Coffee, Tea, Milk, Juice | Tahitian Chicken <br> Yellow Rice <br> Oriental Vegetables <br> Dinner Roll <br> Apple Cobbler <br> Coffee, Tea, Milk, Juice | Beef Pepper Patty <br> Mashed Potatoes <br> Roasted Zucchini <br> Buttered Bread <br> Fruit Crisp <br> Coffee, Tea, Milk, Juice | Pork Shoulder Roast <br> Au Gratin Potatoes <br> Green Beans <br> Dinner Roll <br> Grapes <br> Coffee, Tea, Milk, Juice | Baked Cod Onion Roasted Potatoes Baby Carrots Buttered Bread Brownies Coffee, Tea, Milk, Juice | Turkey Pot Roast <br> Bread Stuffing <br> Harvest Veg Blend <br> Dinner Roll <br> Pumpkin Pie <br> Coffee, Tea, Milk, Juice |
| Dinner |  |  |  |  |  |  |
| Fish Sandwich Tater Tots Carrots Cinnamon Applesauce Coffee, Tea, Milk, Juice | Chili w/Beans Corn Biscuits Oatmeal Raisin Cookie Coffee, Tea, Milk, Juice | Ham Salad Sandwich Vegetable Soup French Fries Melon <br> Coffee, Tea, Milk, Juice | Tuna Casserole Tossed Salad or Broccoli Dinner Roll Banana Coffee, Tea, Milk, Juice | Turkey Cranberry Sandwich <br> Tomato Soup <br> Capri Vegetables <br> Chocolate Chip Cookie <br> Coffee, Tea, Milk, Juice | Baked Ziti <br> Cauliflower <br> Garlic Bread <br> Fruited Gelatin <br> Coffee, Tea, Milk, Juice | Deli Sandwich <br> Pickled Beets <br> Assorted Chips <br> Pineapple Chunks <br> Coffee, Tea, Milk, Juice |
| Soup \& Sandwich Alternate for any meal available upon request |  |  |  |  |  | Menus Subject to Change |
| Mechanical Soft \& Puree Diet options provided with all meals |  |  |  |  |  | WK 3 |

Feb 25-Mar 02, 2024

| $\begin{gathered} \text { Sunday } \\ \mathbf{0 2 - 2 5} \end{gathered}$ | $\begin{gathered} \text { Monday } \\ \mathbf{0 2 - 2 6} \end{gathered}$ | Tuesday 02-27 | Wednesday 02-28 | $\begin{gathered} \text { Thursday } \\ 02-29 \end{gathered}$ | Friday 03-01 | $\begin{gathered} \text { Saturday } \\ 03-02 \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast |  |  |  |  |  |  |
| Choice of Hot/Cold Cereal Waffles w/Margarine \& Syrup Smoked Sausages Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal Cheesy Eggs Toast Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal <br> Poached Eggs <br> Bacon <br> Toast <br> Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal <br> French Toast <br> w/Margarine \& Syrup Sausage Links <br> Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal <br> Scrambled Eggs <br> Biscuits \& Gravy <br> Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal <br> Cheese Omelet <br> Cinnamon Swirl Toast Yogurt <br> Coffee, Tea, Milk, Juice | Choice of Hot/Cold Cereal <br> Egg Patty <br> Canadian Bacon <br> English Muffin <br> Coffee, Tea, Milk, Juice |
| Lunch |  |  |  |  |  |  |
| Baked Glazed Ham <br> Baked Potato <br> Key West Veg Blend <br> Dinner Roll <br> Mixed Berry Shortcake <br> Coffee, Tea, Milk, Juice | Creamed Chipped Beef on Toast <br> Mashed Potatoes <br> Broccoli <br> Watermelon <br> Coffee, Tea, Milk, Juice | Chicken \& Dumplings Green Peas <br> Dinner Roll <br> Strawberry Cheesecake Coffee, Tea, Milk, Juice | Beef Tips \& Mushrooms <br> Egg Noodles <br> Green Beans <br> Buttered Bread <br> Apple Pie <br> Coffee, Tea, Milk, Juice | Chicken Cordon Bleu Onion Roasted Potatoes Cauliflower <br> Dinner Roll <br> Mousse <br> Coffee, Tea, Milk, Juice | Bourbon Fish <br> Rice Pilaf <br> Brussels Sprouts <br> Buttered Bread <br> Fruit Cup <br> Coffee, Tea, Milk, Juice | Pork Fritters <br> Buttered Pasta <br> Roasted Zucchini <br> Dinner Roll <br> Cupcakes <br> Coffee, Tea, Milk, Juice |
| Dinner |  |  |  |  |  |  |
| Chicken Tenders Pasta Salad Wax Beans Cinnamon Applesauce Coffee, Tea, Milk, Juice | Cabbage Rolls <br> Mixed Vegetables <br> Dinner Roll <br> Pudding Cup <br> Coffee, Tea, Milk, Juice | Roast Beef \& Cheddar Curly Fries <br> Cole Slaw <br> Diced Pears <br> Coffee, Tea, Milk, Juice | Bratwurst Burgers <br> Potato Salad <br> Carrots <br> Bananas <br> Coffee, Tea, Milk, Juice | Grilled Turkey \& Swiss Butternut Squash Soup Citrus Gelatin Coffee, Tea, Milk, Juice | Cheese Lasagna Rolls <br> Tossed Salad or <br> Peas \& Carrots <br> Garlic Bread <br> Ice Cream <br> Coffee, Tea, Milk, Juice | Beef Stew <br> Winter Veg Blend Cornbread <br> Mandarin Oranges Coffee, Tea, Milk, Juice |
| Soup \& Sandwich Alternate for any meal available upon request |  |  |  |  |  | Menus Subject to Change |
| Mechanical Soft \& Puree Diet options provided with all meals |  |  |  |  |  | WK 4 |

