



**Dec 31 - Jan 06, 2024**

<b>Sunday 12-31</b>	<b>Monday 01-01</b>	<b>Tuesday 01-02</b>	<b>Wednesday 01-03</b>	<b>Thursday 01-04</b>	<b>Friday 01-05</b>	<b>Saturday 01-06</b>
<b>Breakfast</b>						
Choice of Hot/Cold Cereal Pancake Sausage Bites w/Margarine & Syrup Scrambled Eggs Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheese Omelets Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Bacon Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg & Sausage Bake Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal French Toast w/Margarine & Syrup Poached Eggs Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg Patty Canadian Bacon English Muffin Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Sausage Patty Apple Muffins Coffee, Tea, Milk, Juice
<b>Lunch</b>						
Chicken Parmesan Buttered Pasta Capri Veg Blend Breadstick Pumpkin Cake Coffee, Tea, Milk, Juice	Baked Glazed Ham Duchess Potatoes Green Beans Dinner Roll Boston Crème Pie Coffee, Tea, Milk, Juice	Chicken Pot Pie Broccoli Buttered Bread Ice Cream Coffee, Tea, Milk, Juice	Meatloaf Mashed Potatoes Peas & Carrots Dinner Roll Blondie Bars Coffee, Tea, Milk, Juice	Tahitian Chicken White Rice Salad or Oriental Vegetables Buttered Bread Melon Coffee, Tea, Milk, Juice	Baked Fish Red Potatoes Brussels Sprouts Dinner Roll Pound Cake Coffee, Tea, Milk, Juice	Stuffed Peppers Scalloped Potatoes Buttered Bread Pudding Parfait Coffee, Tea, Milk, Juice
<b>Dinner</b>						
Oven Fried Fish French Fries Cole Slaw Buttered Bread Cinnamon Apples Coffee, Tea, Milk, Juice	Deli Sandwich Tomato Soup Assorted Chips Gelatin Coffee, Tea, Milk, Juice	Macaroni & Cheese Stewed Tomatoes Dinner Roll Brownies Coffee, Tea, Milk, Juice	Grilled Tomato & Cheese Chicken Noodle Soup Grapes Coffee, Tea, Milk, Juice	Chili w/Beans Baked Potato Dinner Roll Peanut Butter Cookies Coffee, Tea, Milk, Juice	Baked Ziti Cauliflower Garlic Bread Fruit Crisp Coffee, Tea, Milk, Juice	Chicken Enchiladas Spanish Rice Corn Fruit Cocktail Coffee, Tea, Milk, Juice

**Soup & Sandwich Alternate for any meal available upon request**  
**Mechanical Soft & Puree Diet options provided with all meals**

**Menus Subject to Change**  
**WK 1**



**Jan 07 - Jan 13, 2024**

<b>Sunday 01-07</b>	<b>Monday 01-08</b>	<b>Tuesday 01-09</b>	<b>Wednesday 01-10</b>	<b>Thursday 01-11</b>	<b>Friday 01-12</b>	<b>Saturday 01-13</b>
<b>Breakfast</b>						
Choice of Hot/Cold Cereal Waffles Sausage Links Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Bacon Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Pancakes w/Margarine & Syrup Breakfast Ham Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Eggs Cinnamon Swirl Toast Yogurt Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg Patty Canadian Bacon English Muffin Coffee, Tea, Milk, Juice
<b>Lunch</b>						
Pork Chops Mashed Potatoes Carrots Dinner Roll Assorted Pies Coffee, Tea, Milk, Juice	Chicken & Dumplings Broccoli Buttered Bread Cheesecake Coffee, Tea, Milk, Juice	Turkey Tetrazinni Cauliflower Garlic Bread Chocolate Chip Cookie Coffee, Tea, Milk, Juice	Salmon Croquet Mashed Potatoes Baby Carrots Buttered Bread Banana Pudding Coffee, Tea, Milk, Juice	Roast Turkey Bread Stuffing Capri veg Blend Dinner Roll Chocolate Cake Coffee, Tea, Milk, Juice	Seafood Chowder Butternut Squash Biscuits Gelatin Coffee, Tea, Milk, Juice	Baked Glazed Ham Sweet Potatoes Wax Beans Dinner Roll Strawberry Shortcake Coffee, Tea, Milk, Juice
<b>Dinner</b>						
Alfredo Pizza Casserole Italian Green Beans Breadsticks Diced Pears Coffee, Tea, Milk, Juice	Polish Sausage Au Gratin Potatoes Green Peas Dinner Roll Banana Coffee, Tea, Milk, Juice	Roast Beef & Provolone Vegetable Soup Assorted Chips Watermelon Coffee, Tea, Milk, Juice	Chili Dogs French Fries Cinnamon Applesauce Coffee, Tea, Milk, Juice	Beef Macaroni Casserole Key West Veg Blend Buttered Bread Fruit Cup Coffee, Tea, Milk, Juice	Grilled Cheese Tomato Soup Carrots Grapes Coffee, Tea, Milk, Juice	Chicken & Rice Casserole Green Peas Buttered Bread Apple Slices Coffee, Tea, Milk, Juice

**Soup & Sandwich Alternate for any meal available upon request**  
**Mechanical Soft & Puree Diet options provided with all meals**

**Menus Subject to Change**  
**WK 2**



**Jan 14 - Jan 20, 2024**

<b>Sunday 01-14</b>	<b>Monday 01-15</b>	<b>Tuesday 01-16</b>	<b>Wednesday 01-17</b>	<b>Thursday 01-18</b>	<b>Friday 01-19</b>	<b>Saturday 01-20</b>
<b>Breakfast</b>						
Choice of Hot/Cold Cereal Scrambled Eggs Smoked Sausage Links Blueberry Muffin Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheese Omelet Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg & Sausage Bake Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg Patty Canadian Bacon English Muffin Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Bacon Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Fried Eggs Hash Browns Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Sausage Patty Cinnamon Swirl Bread Coffee, Tea, Milk, Juice
<b>Lunch</b>						
Dijon Chicken Red Potatoes Broccoli Dinner Roll Assorted Pies Coffee, Tea, Milk, Juice	Swedish Meatballs Egg Noodles Green Peas Buttered Bread Diced Pears Coffee, Tea, Milk, Juice	Tahitian Chicken Yellow Rice Oriental Vegetables Dinner Roll Apple Cobbler Coffee, Tea, Milk, Juice	Beef Pepper Patty Mashed Potatoes Roasted Zucchini Buttered Bread Fruit Crisp Coffee, Tea, Milk, Juice	Baked Glazed Ham Au Gratin Potatoes Green Beans Dinner Roll Grapes Coffee, Tea, Milk, Juice	Baked Cod Onion Roasted Potatoes Baby Carrots Buttered Bread Brownies Coffee, Tea, Milk, Juice	Turkey Pot Roast Bread Stuffing Green Beans Dinner Roll Pumpkin Pie Coffee, Tea, Milk, Juice
<b>Dinner</b>						
Fish Sandwich Tater Tots Carrots Cinnamon Applesauce Coffee, Tea, Milk, Juice	Chili w/Beans Corn Biscuits Oatmeal Raisin Cookie Coffee, Tea, Milk, Juice	Ham Salad Sandwich Vegetable Soup French Fries Melon Coffee, Tea, Milk, Juice	Tuna Casserole Tossed Salad or Beets Dinner Roll Banana Coffee, Tea, Milk, Juice	Turkey Cranberry Sandwich Tomato Soup Capri Vegetables Chocolate Chip Cookie Coffee, Tea, Milk, Juice	Baked Ziti Cauliflower Garlic Bread Fruited Gelatin Coffee, Tea, Milk, Juice	Deli Sandwich Pickled Beets Assorted Chips Pineapple Chunks Coffee, Tea, Milk, Juice

**Soup & Sandwich Alternate for any meal available upon request**

**Mechanical Soft & Puree Diet options provided with all meals**

**Menus Subject to Change**

**WK 3**



**Jan 21 - Jan 27, 2024**

<b>Sunday 01-21</b>	<b>Monday 01-22</b>	<b>Tuesday 01-23</b>	<b>Wednesday 01-24</b>	<b>Thursday 01-25</b>	<b>Friday 01-26</b>	<b>Saturday 01-27</b>
<b>Breakfast</b>						
Choice of Hot/Cold Cereal Waffles w/Margarine & Syrup Breakfast Ham Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Bacon Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal French Toast w/Margarine & Syrup Sausage Links Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Eggs Cinnamon Swirl Toast Yogurt Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg Patty Canadian Bacon English Muffin Coffee, Tea, Milk, Juice
<b>Lunch</b>						
Baked Glazed Ham Baked Potato Key West Veg Blend Dinner Roll Blueberry Shortcake Coffee, Tea, Milk, Juice	Creamed Chipped Beef on Toast Mashed Potatoes Broccoli Watermelon Coffee, Tea, Milk, Juice	Chicken & Dumplings Green Peas Dinner Roll Strawberry Cheesecake Coffee, Tea, Milk, Juice	Beef Tips & Mushrooms Egg Noodles Green Beans Buttered Bread Apple Pie Coffee, Tea, Milk, Juice	Chicken Cordon Bleu Onion Roasted Potatoes Broccoli Dinner Roll Mousse Coffee, Tea, Milk, Juice	Bourbon Fish Rice Pilaf Brussels Sprouts Buttered Bread Fruit Cup Coffee, Tea, Milk, Juice	Pork Chops Buttered Pasta Roasted Zucchini Dinner Roll Cupcakes Coffee, Tea, Milk, Juice
<b>Dinner</b>						
Chicken Tenders Pasta Salad Wax Beans Cinnamon Applesauce Coffee, Tea, Milk, Juice	Cabbage Rolls Mixed Vegetables Dinner Roll Brownies Coffee, Tea, Milk, Juice	Roast Beef & Cheddar Curly Fries Cole Slaw Diced Pears Coffee, Tea, Milk, Juice	Bratwurst Burgers Potato Salad Carrots Bananas Coffee, Tea, Milk, Juice	Grilled Turkey & Swiss Butternut Squash Soup Citrus Gelatin Coffee, Tea, Milk, Juice	Cheese Lasagna Rolls Tossed Salad or Peas & Carrots Garlic Bread Ice Cream Coffee, Tea, Milk, Juice	Beef Stew Winter Veg Blend Cornbread Mandarin Oranges Coffee, Tea, Milk, Juice

**Soup & Sandwich Alternate for any meal available upon request**

**Mechanical Soft & Puree Diet options provided with all meals**

**Menus Subject to Change**

**WK 4**



**Jan 28 - Feb 03, 2024**

<b>Sunday 01-28</b>	<b>Monday 01-29</b>	<b>Tuesday 01-30</b>	<b>Wednesday 01-31</b>	<b>Thursday 02-01</b>	<b>Friday 02-02</b>	<b>Saturday 02-03</b>
<b>Breakfast</b>						
Choice of Hot/Cold Cereal Egg & Sausage Bake Fruit Danish Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Smoked Sausage Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Bacon Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Pancakes w/ Margarine & Syrup Sausage Patty Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg Patty Canadian Bacon English Muffin Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Waffles w/ Margarine & Syrup Breakfast Ham Coffee, Tea, Milk, Juice
<b>Lunch</b>						
Roast Turkey Mashed Potatoes Stuffing Green Peas Dinner Roll Pumpkin Pie Coffee, Tea, Milk, Juice	Beef Stroganoff Egg Noodles Baby Carrots Dinner Roll Chocolate Pudding Coffee, Tea, Milk, Juice	Polish Sausage Au Gratin Potatoes Key West Veg Blend Buttered Bread Pineapple Chunks Coffee, Tea, Milk, Juice	Turkey a la King Brussels Sprouts Buttermilk Biscuits Cherry Gelatin Coffee, Tea, Milk, Juice	Shepherd's Pie Broccoli Dinner Rolls Raspberry Cookie Coffee, Tea, Milk, Juice	Garlic Shrimp Pasta Alfredo Mixed Vegetables Breadsticks Tropical Fruit Coffee, Tea, Milk, Juice	Pork Chop Suey Rice Pilaf Glazed Carrots Dinner Roll Red Velvet Cake Coffee, Tea, Milk, Juice
<b>Dinner</b>						
Salmon Croquet White Rice Stewed Tomatoes Chilled Peaches Coffee, Tea, Milk, Juice	Ham & Swiss Sandwich Tomato Soup Broccoli Baked Apples Coffee, Tea, Milk, Juice	Fajita Chicken Spanish Rice Fiesta Corn Snickerdoodle Cookie Coffee, Tea, Milk, Juice	Cheeseburgers French Fries Pickled Beets Pound Cake Coffee, Tea, Milk, Juice	Pulled Pork Cole Slaw Cornbread Cinnamon Applesauce Coffee, Tea, Milk, Juice	Cheese Pizza Salad or Green Beans Garlic Bread Lemon Pudding Coffee, Tea, Milk, Juice	Hot Turkey Sandwich Mashed Potatoes Green Peas Grapes Coffee, Tea, Milk, Juice

**Soup & Sandwich Alternate for any meal available upon request**  
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**Menus Subject to Change**  
**WK 5**