


Sunday 07-02	Monday 07-03	Tuesday 07-04	Wednesday 07-05	Thursday 07-06	Friday 07-07	Saturday 07-08
Breakfast						
Choice of Hot/Cold Cereal Waffles w/ Margarine & Syrup Sausage Links Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Scrambled Eggs Breakfast Ham English Muffin Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Bacon Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Fried Eggs Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheese Omelet Sausage Links Fruit Danish Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Western Egg Bake Toast Coffee, Tea, Milk, Juice
Lunch						
Pork Fritters Red Bliss Potatoes Broccoli Dinner Roll Vanilla Cake Coffee, Tea, Milk, Juice	Breaded Cod Rice Pilaf California Veg Blend Buttered Bread Fruit Cocktail Coffee, Tea, Milk, Juice	Independence Day  Hamburgers Potato Salad Cole Slaw Ice Cream	Ranch Chicken Onion Roasted Potatoes Green Beans Buttered Bread Peach Cobbler Coffee, Tea, Milk, Juice	Turkey Stuffing Bake Broccoli Dinner Roll Raspberry Cookie Coffee, Tea, Milk, Juice	Beef Mostaccioli Cauliflower Garlic Bread Coconut Cream Pie Coffee, Tea, Milk, Juice	Oven Fried Chicken Mashed Potatoes Dilled Carrots Dinner Roll Chilled Peaches Coffee, Tea, Milk, Juice
Dinner						
Egg Salad Croissant Tomato Soup Green Peas Grapes Coffee, Tea, Milk, Juice	Lasagna Rolls Cauliflower Garlic Bread Choc Chip Cookie Coffee, Tea, Milk, Juice	Turkey & Swiss Sub Cheese Broccoli Soup Watermelon Coffee, Tea, Milk, Juice	Tuna Melts Sweet Potato Wedges Wax Beans Bananas Coffee, Tea, Milk, Juice	Pork Chop Suey White Rice Peas & Carrots Apple Crisp Coffee, Tea, Milk, Juice	Chicken Tenders Tater Tots Malibu Veg Blend Melon Salad Coffee, Tea, Milk, Juice	Swedish Meatballs Egg Noodles Green Beans Buttered Bread Ice Cream Coffee, Tea, Milk, Juice

Soup & Sandwich Alternate for any meal available upon request

Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change

WK 3



Jul 09 - Jul 15, 2023

Sunday 07-09	Monday 07-10	Tuesday 07-11	Wednesday 07-12	Thursday 07-13	Friday 07-14	Saturday 07-15
Breakfast						
Choice of Hot/Cold Cereal Breakfast Sandwich Hash Browns Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Pancake Sausage Bites w/ Margarine & Syrup Scrambled Eggs Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Eggs Bacon Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal S.W. Egg Bake Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Sausage Patty Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheese Omelets Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal California Egg Bake Fruit Danish Coffee, Tea, Milk, Juice
Lunch						
Roast Turkey Red Potatoes Green Peas Dinner Roll Pecan Pie Coffee, Tea, Milk, Juice	Oven Fried Fish Buttered Pasta Mixed Vegetables Angel food Cake Coffee, Tea, Milk, Juice	Tahitian Chicken White Rice Oriental Vegetables Dinner Roll Grapes Coffee, Tea, Milk, Juice	Meatloaf Mashed Potatoes Cauliflower Buttered Bread Pineapple Cake Coffee, Tea, Milk, Juice	Pork Shoulder Roast Egg Noodles Carrots Dinner Roll Fruit Crisp Coffee, Tea, Milk, Juice	Creole Shrimp Sunshine Rice Cauliflower Cornbread Raspberry Cookies Coffee, Tea, Milk, Juice	Turkey Piccata Red Potatoes Green Beans Dinner Roll German Chocolate Cake Coffee, Tea, Milk, Juice
Dinner						
Mexicali Mac & Cheese Fiesta Corn Buttered Bread Mandarin Oranges Coffee, Tea, Milk, Juice	Deli Sandwich Vegetable Soup Assorted Chips Pudding Cup Coffee, Tea, Milk, Juice	Pork Fritter Baked Potato Roasted Carrots Fruited Jell-O Coffee, Tea, Milk, Juice	Chicken Tenders Baked Beans Cole Slaw Banana Coffee, Tea, Milk, Juice	Shepherd's Pie Brussels Sprouts Buttered Bread Pineapple Chunks Coffee, Tea, Milk, Juice	Tuna Casserole Tossed Salad Capri Veg Blend Buttered Bread Cinnamon Applesauce Coffee, Tea, Milk, Juice	Baked Ham Sweet Potatoes Broccoli Fruit Salad Coffee, Tea, Milk, Juice

Soup & Sandwich Alternate for any meal available upon request

Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change

WK 4



Jul 16 - Jul 22, 2023

Sunday 07-16	Monday 07-17	Tuesday 07-18	Wednesday 07-19	Thursday 07-20	Friday 07-21	Saturday 07-22
Breakfast						
Choice of Hot/Cold Cereal French Toast w/Margarine & Syrup Scrambled Eggs Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg & Sausage Bake Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Breakfast Sandwich Ham Slice Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Sausage links Raisin Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Fried Eggs Hash Browns Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Eggs Cinnamon Swirl Toast Coffee, Tea, Milk, Juice
Lunch						
Burgundy Chicken Mashed Potatoes Green Peas Dinner Roll Cherry Brownie Coffee, Tea, Milk, Juice	Pork Chops Rice Pilaf Mixed Vegetables Buttered Bread Spice Cake Coffee, Tea, Milk, Juice	Roast Turkey Stuffing & Gravy Cauliflower Dinner Roll Fruit Crisp Coffee, Tea, Milk, Juice	Chicken Parmesan Spaghetti Noodles Baby Carrots Buttered Bread Banana Parfait Coffee, Tea, Milk, Juice	Beef Pot Roast Red Potatoes Capri Veg Blend Dinner Roll Ice Cream Coffee, Tea, Milk, Juice	Seafood Chowder Butternut Squash Cheddar Biscuits Peach Cobbler Coffee, Tea, Milk, Juice	Salisbury Steak Mashed Potatoes Carrots Dinner Roll Strawberry Shortcake Coffee, Tea, Milk, Juice
Dinner						
Egg Salad Sandwich Grn Bean Casserole Soup Watermelon Coffee, Tea, Milk, Juice	Chili w/Beans Baked Potato Cornbread Cinnamon Applesauce Coffee, Tea, Milk, Juice	Roast Beef & Cheddar Italian Veg & Bean Soup Citrus Jell-O Coffee, Tea, Milk, Juice	Breaded Fish French Fries Cole Slaw Grapes Coffee, Tea, Milk, Juice	Tuna Melt Garden Vegetable Soup Baked Apples Coffee, Tea, Milk, Juice	Penne Primavera Italian Green Beans Garlic Bread Gelatin Coffee, Tea, Milk, Juice	Pot Pie California Veg Blend Buttered Bread Diced Pears Coffee, Tea, Milk, Juice

Soup & Sandwich Alternate for any meal available upon request

Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change

WK 5



Jul 23 - Jul 29, 2023

Sunday 07-23	Monday 07-24	Tuesday 07-25	Wednesday 07-26	Thursday 07-27	Friday 07-28	Saturday 07-29
Breakfast						
Choice of Hot/Cold Cereal French Toast w/ Margarine & Syrup Sausage Links Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Bacon Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg & Sausage Bake Fruit Danish Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Fried Eggs Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Waffles w/ Margarine & Syrup Sausage Patty Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Breakfast Ham Toast Coffee, Tea, Milk, Juice
Lunch						
Swedish Meatballs Egg Noodles Baby Carrots Dinner Roll Cheesecake Coffee, Tea, Milk, Juice	Cheeseburgers Tater Tots Green Beans Dinner Roll Oatmeal Raisin Cookie Coffee, Tea, Milk, Juice	Pork Chops Company Potatoes Broccoli Buttered Bread Brownies Coffee, Tea, Milk, Juice	Korean BBQ Beef w/ Sautéed Vegetables White Rice Buttered Bread Pudding Cup Coffee, Tea, Milk, Juice	Italian Chicken Pasta Alfredo California Veg Blend Blueberry Shortbread Coffee, Tea, Milk, Juice	Oven Fried Fish Potato Wedges Cole Slaw Buttered Bread Jell-O Cake Coffee, Tea, Milk, Juice	Beef Tips & Mushrooms Mashed Potatoes Carrots Dinner Roll Red Velvet Cake Coffee, Tea, Milk, Juice
Dinner						
BBQ Chicken Baked Beans Sweet Corn Cinnamon Applesauce Coffee, Tea, Milk, Juice	Corned Beef & Swiss Vegetable Soup Melon Salad Coffee, Tea, Milk, Juice	Baked Ziti Cauliflower Garlic Bread Grapes Coffee, Tea, Milk, Juice	Grilled Cheese Tomato Soup Peas & Carrots Bananas Coffee, Tea, Milk, Juice	Beef Franks French Fries Cole Slaw Cantaloupe Coffee, Tea, Milk, Juice	Pizza Calzone Salad or Broccoli Pineapple Chunks Coffee, Tea, Milk, Juice	Turkey Sub Sandwich Macaroni Salad Cucumbers & Tomatoes Chilled Peaches Coffee, Tea, Milk, Juice

Soup & Sandwich Alternate for any meal available upon request
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Menus Subject to Change
 WK 1



Jul 30 - Aug 05, 2023

Sunday 07-30	Monday 07-31	Tuesday 08-01	Wednesday 08-02	Thursday 08-03	Friday 08-04	Saturday 08-05
Breakfast						
Choice of Hot/Cold Cereal Cheesy Scrambled Eggs Bacon Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Pancakes w/Margarine & Syrup Sausage Patties Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheese Omelet Raisin Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Apple Cinnamon Muffin Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal French Toast w/Margarine & Syrup Sausage Links Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Breakfast Ham Cinnamon Swirl Toast Coffee, Tea, Milk, Juice
Lunch						
Pork Roast Scalloped Potatoes Creamed Peas Dinner Roll Banana Cream Pie Coffee, Tea, Milk, Juice	Meatloaf Rice Pilaf California Veg Blend Buttered Bread Lemon Cake Coffee, Tea, Milk, Juice	Roast Turkey Stuffing w/Gravy Green Beans Dinner Roll Fruit Cocktail Coffee, Tea, Milk, Juice	Grilled Chicken Egg Noodles Pickled Beets Buttered Bread Cheesecake Coffee, Tea, Milk, Juice	Chipped Beef on Toast Mashed Potatoes Peas & Carrots Black Forest Parfait Coffee, Tea, Milk, Juice	Baked Ham Au Gratin Potatoes Green Beans Dinner Roll Rhubarb Pie Coffee, Tea, Milk, Juice	Chicken & Vegetables White Rice Egg Roll Pineapple Chunks Coffee, Tea, Milk, Juice
Dinner						
Macaroni & Cheese Tomato Soup Garlic Bread Grapes Coffee, Tea, Milk, Juice	Deli Sandwich Potato Soup Squash Cinnamon Apples Coffee, Tea, Milk, Juice	Glazed Ham Sweet Potatoes Corn Sponge Cake Coffee, Tea, Milk, Juice	Tater Tot Bake Roasted Carrots Buttermilk Biscuits Fruit Cup Coffee, Tea, Milk, Juice	Oven Fried Fish French Fries Cole Slaw Cornbread Melon Coffee, Tea, Milk, Juice	Beef & Cheddar Vegetable Soup Assorted Chips Banana Coffee, Tea, Milk, Juice	Angus Beef Frank Macaroni Salad Cream Corn Gingersnap Cookie Coffee, Tea, Milk, Juice

Soup & Sandwich Alternate for any meal available upon request
Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change
WK 2