



Jan 29 - Feb 04, 2023

Sunday 01-29	Monday 01-30	Tuesday 01-31	Wednesday 02-01	Thursday 02-02	Friday 02-03	Saturday 02-04
Breakfast						
Choice of Hot/Cold Cereal Scrambled Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg & Sausage Bake Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal French Toast Stix Scrambled Eggs Smoked Sausages Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg & Cheese Croissant Breakfast Ham Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Sausage links Raisin Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Fried Eggs Hash Browns Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Scrambled Eggs Cinnamon Swirl Toast Coffee, Tea, Milk, Juice
Lunch						
Meatloaf Mashed Potatoes Green Beans Buttered Bread Apple Pie Coffee, Tea, Milk, Juice	Beef Tips w/Mushrooms Egg Noodles Key West Vegetables Buttered Bread Black Forest Parfait Coffee, Tea, Milk, Juice	Breaded Chicken Breast Rice Pilaf Corn Dinner Roll Apple Pie Coffee, Tea, Milk, Juice	Roast Turkey Sweet Potatoes Baby Carrots Buttered Bread Fruit Crisp Coffee, Tea, Milk, Juice	Chicken & Dumplings Peas & Carrots Dinner Roll Oatmeal Cookies Coffee, Tea, Milk, Juice	Seafood Chowder Butternut Squash Cheddar Biscuits Peach Cobbler Coffee, Tea, Milk, Juice	Salisbury Steak Mashed Potatoes Carrots Dinner Roll Pecan Pie Coffee, Tea, Milk, Juice
Dinner						
Macaroni & Cheese Stewed Tomatoes Buttered Bread Fruit Cocktail Coffee, Tea, Milk, Juice	Ham Salad & Cottage Chs Plate Citrus Gelatin Coffee, Tea, Milk, Juice	Chili w/Beans Baked Potato Cornbread Pineapple Chunks Coffee, Tea, Milk, Juice	Philly Cheesesteak French Fries Cole Slaw Ice Cream Coffee, Tea, Milk, Juice	Polish Sausage Cheesy Potatoes Broccoli Bananas Coffee, Tea, Milk, Juice	Cheese Tortellini Italian Green Beans Garlic Bread Strawberry Short Cake Coffee, Tea, Milk, Juice	Chicken Pot Pie California Veg Blend Buttered Bread Diced Pears Coffee, Tea, Milk, Juice

Margarine & Assorted Jellies available with all meals
Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change
WK 5



Feb 05 - Feb 11, 2023

Sunday 02-05	Monday 02-06	Tuesday 02-07	Wednesday 02-08	Thursday 02-09	Friday 02-10	Saturday 02-11
Breakfast						
Choice of Hot/Cold Cereal Waffles w/ Margarine & Syrup Scrambled Eggs Sausage Links Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Fruit Danish Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg Patty Canadian Bacon Toasted Croissant Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Pancakes w/ Margarine & Syrup Scrambled Eggs Sausage Links Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Scrambled Eggs Sausage Patties Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Fried Eggs Bacon Apple Cinnamon Muffins Coffee, Tea, Milk, Juice
Lunch						
Oven Fried Chicken Macaroni Salad Green Peas Dinner Roll Butterscotch Pudding Coffee, Tea, Milk, Juice	Pork Shoulder Roast Redskin Mashed Potatoes w/Gravy Wax Beans Buttered Bread Fruit Cup Coffee, Tea, Milk, Juice	Swedish Meatballs Egg Noodles Broccoli Dinner Roll Raspberry Whip Coffee, Tea, Milk, Juice	Beef Shepherd's Pie Green Peas Buttered Bread Cupcakes Coffee, Tea, Milk, Juice	Cranberry Glazed Turkey Bread Stuffing Corn Dinner Roll Pumpkin Pie Coffee, Tea, Milk, Juice	Baked Fish Garden Rice Capri Veg Blend Buttered Bread Citrus Geleatin Coffee, Tea, Milk, Juice	Homestyle Veal Mashed Potatoes Carrots Dinner Roll Red Velvet Cake Coffee, Tea, Milk, Juice
Dinner						
Potato Crusted Tilapia Cheesy Potatoes Carrots Cinnamon Applesauce Coffee, Tea, Milk, Juice	Reuben Casserole Brussels Sprouts Dinner Roll Chocolate Chip Cookies Coffee, Tea, Milk, Juice	Fajita Chicken Black Beans & Rice Corn Bread Bananas Coffee, Tea, Milk, Juice	Ham & Cheddar Pasty Chunky Veg Soup Baked Apples Coffee, Tea, Milk, Juice	Beef Pepper Steak Sweet Potatoes Cauliflower Buttered Bread Diced Pears Coffee, Tea, Milk, Juice	6 Cheese Lasagna California Veg Blend Garlic Bread Ice Cream Coffee, Tea, Milk, Juice	Egg Salad Croissant Minestrone Soup Red grapes Coffee, Tea, Milk, Juice

Margarine & Assorted Jellies available with all meals
Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change
WK 1



Feb 12 - Feb 18, 2023

Sunday 02-12	Monday 02-13	Tuesday 02-14	Wednesday 02-15	Thursday 02-16	Friday 02-17	Saturday 02-18
Breakfast						
Choice of Hot/Cold Cereal French Toast Bites w/ Margarine & Syrup Scrambled Eggs Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheese Omelet Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg & Ham Bake Yogurt Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Waffles w/ Margarine & Syrup Scrambled Eggs Sausage Patties Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Fried Eggs Bacon Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg Patty Canadian Bacon English Muffin Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Raisin Toast Coffee, Tea, Milk, Juice
Lunch						
Baked Ham Red Potatoes Italian Veg Blend Dinner Roll Cheesecake Coffee, Tea, Milk, Juice	Salmon Croquet White Rice Broccoli Buttered Bread Banana Pudding Parfait Coffee, Tea, Milk, Juice	Pork Chops Au Gratin Potatoes Green Peas Dinner Roll Fruit Crisp Coffee, Tea, Milk, Juice	Pot Roast w/Mushrooms Egg Noodles Succotash Buttered Bread Caramel Spice Cake Coffee, Tea, Milk, Juice	Chipped Beef on Toast Mashed Potatoes Wax Beans Vanilla Pudding Coffee, Tea, Milk, Juice	Tuna Noodle Casserole Mixed Vegetables Breadstick Lemon Bars Coffee, Tea, Milk, Juice	Chicken Marsala Company Potatoes Green Beans Dinner Roll Black Forest Brownie Coffee, Tea, Milk, Juice
Dinner						
Macaroni & Cheese Tomato Soup Breadsticks Pineapple Chunks Coffee, Tea, Milk, Juice	Angus Beef Franks French Fries Cole Slaw Melon Coffee, Tea, Milk, Juice	Trky Cranberry Sandwich Broccoli Cheese Soup Cinnamon Applesauce Coffee, Tea, Milk, Juice	Chili w/Beans Baked Potato Baby Carrots Fruit Cup Coffee, Tea, Milk, Juice	Baked Chicken Stuffing Butternut Squash Corn Fruited Gelatin Coffee, Tea, Milk, Juice	Grilled Cheese Sandwich Vegetable Soup Assorted Chips Grapes Coffee, Tea, Milk, Juice	Mostaccioli Capri Veg Blend Garlic Bread Mandarin Oranges Coffee, Tea, Milk, Juice

Margarine & Assorted Jellies available with all meals
Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change
WK 2



Feb 19 - Feb 25, 2023

Sunday 02-19	Monday 02-20	Tuesday 02-21	Wednesday 02-22	Thursday 02-23	Friday 02-24	Saturday 02-25
Breakfast						
Choice of Hot/Cold Cereal French Toast Bites w/ Margarine & Syrup Scrambled Eggs Sausage Patties Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheese Omelet Breakfast Ham Apple Cinnamon Muffin Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg & Cheese Croissant Canadian Bacon Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Pancakes w/ Margarine & Syrup Scrambled Eggs Sausage Links Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Scrambled Eggs Fruit Danish Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg & Sausage Bake Toast Coffee, Tea, Milk, Juice
Lunch						
Roast Turkey Cheesy Mashed Potatoes Peas & Carrots Dinner Roll Lemon Meringue Pie Coffee, Tea, Milk, Juice	Salisbury Steak Rice Pilaf California Veg Blend Dinner Roll Red Velvet Cake Coffee, Tea, Milk, Juice	Oven Fried Chicken Scalloped Potatoes Wax Beans Buttered Bread Chilled Peaches Coffee, Tea, Milk, Juice	Swedish Meatballs Garlic Mashed Potatoes Baby Carrots Dinner Roll Spice Cake Coffee, Tea, Milk, Juice	Chicken a la King Salad or Succotash Buttermilk Biscuits Fruit Crisp Coffee, Tea, Milk, Juice	Spaghetti & Meatballs Cauliflower Garlic Bread Ice Cream Coffee, Tea, Milk, Juice	Pork BBQ Corn Pudding Creamy Cole Slaw Jell-O Salad Coffee, Tea, Milk, Juice
Dinner						
Crab Cake Slider Creamy Cole Slaw Assorted Chips Fruit Cocktail Coffee, Tea, Milk, Juice	Egg Salad Croissant Bean Soup Melon Salad Coffee, Tea, Milk, Juice	Cheese Ravioli Italian Veg Blend Dinner Roll Pudding Cup Coffee, Tea, Milk, Juice	Turkey Rice Casserole Spinach Buttered Bread Banana Coffee, Tea, Milk, Juice	Ham & Swiss Sandwich Broccoli Cheese Soup Mandarin Oranges Coffee, Tea, Milk, Juice	Franks & Beans California Veg Blend Buttermilk Biscuits Diced Pears Coffee, Tea, Milk, Juice	Cabbage Rolls Mixed Vegetables Buttered Bread Grapes Coffee, Tea, Milk, Juice

Margarine & Assorted Jellies available with all meals
Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change
WK 3



Feb 26 - Mar 04, 2023

Sunday 02-26	Monday 02-27	Tuesday 02-28	Wednesday 03-01	Thursday 03-02	Friday 03-03	Saturday 03-04
Breakfast						
Choice of Hot/Cold Cereal Buttered Waffles w/ Margarine & Syrup Scrambled Eggs Sausage Patties Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Scrambled Eggs Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg Patty Canadian Bacon English Muffin Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Fruit Danish Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Pancakes w/ Margarine & Syrup Scrambled Eggs Breakfast Ham Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal California Scrambled Eggs Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Bacon English Muffin Coffee, Tea, Milk, Juice
Lunch						
Polish Sausage Red Bliss Potatoes Green Beans Dinner Roll Chocolate Torte Coffee, Tea, Milk, Juice	Baked Tilapia Rice Pilaf Corn Tropical Fruit Coffee, Tea, Milk, Juice	Country Fried Steak Egg Noodles Broccoli Buttermilk Biscuits Fruit Crisp Coffee, Tea, Milk, Juice	Lasagna Bean Medley Buttered Bread Lemon Bars Coffee, Tea, Milk, Juice	Oven Fried Chicken Gairlic Mashed Potatoes Brussels Sprouts Dinner Roll Peanut Butter Cookies Coffee, Tea, Milk, Juice	Shrimp Gumbo Spanish Rice Buttered Bread Mandarin Oranges Coffee, Tea, Milk, Juice	Turkey Tetrzzini Dilled Carrots Buttered Bread Brownies Coffee, Tea, Milk, Juice
Dinner						
Chicken Stuffing Bake Baby Carrots Buttered Bread Cinnamon Apples Coffee, Tea, Milk, Juice	Cheeseburger Sweet Potato Wedges Pudding Parfait Coffee, Tea, Milk, Juice	Baked Ham Au Gratin Potatoes Cauliflower Dinner Roll Banana Coffee, Tea, Milk, Juice	Grilled Chicken Sandwich Cucumber Slices Tater Tots Grapes Coffee, Tea, Milk, Juice	Goulash Italian Veg Blend Breadstick Cinnamon Applesauce Coffee, Tea, Milk, Juice	Tuna Melt Potato Salad Green Peas Pound Cake Coffee, Tea, Milk, Juice	Roast Beef & Cheddar Vegetable Soup Curly Fries Watermelon Coffee, Tea, Milk, Juice

Margarine & Assorted Jellies available with all meals
Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change
WK 4