



Oct 30 - Nov 05, 2022

Sunday 10-30	Monday 10-31	Tuesday 11-01	Wednesday 11-02	Thursday 11-03	Friday 11-04	Saturday 11-05
Breakfast						
Choice of Hot/Cold Cereal French Toast Bites w/ Margarine & Syrup Scrambled Eggs Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheese Omelet Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg & Ham Bake Yogurt Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Waffles w/ Margarine & Syrup Scrambled Eggs Sausage Patties Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Fried Eggs Bacon Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg Patty Canadian Bacon English Muffin Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Raisin Toast Coffee, Tea, Milk, Juice
Lunch						
Chicken Marsala Red Potatoes Italian Veg Blend Dinner Roll Cheesecake Coffee, Tea, Milk, Juice	Salmon Croquet White Rice Broccoli Buttered Bread Banana Pudding Parfait Coffee, Tea, Milk, Juice	Pork Chops Au Gratin Potatoes Green Peas Dinner Roll Fruit Crisp Coffee, Tea, Milk, Juice	Pot Roast w/Mushrooms Egg Noodles Succotash Buttered Bread Caramel Spice Cake Coffee, Tea, Milk, Juice	Chipped Beef on Toast Mashed Potatoes Wax Beans Chocolate Pudding Coffee, Tea, Milk, Juice	Tuna Noodle Casserole Mixed Vegetables Breadstick Lemon Bars Coffee, Tea, Milk, Juice	Baked Ham Company Potatoes Green Beans Dinner Roll Black Forest Brownie Coffee, Tea, Milk, Juice
Dinner						
Macaroni & Cheese Tomato Soup Breadsticks Pineapple Chunks Coffee, Tea, Milk, Juice	Philly Cheesesteak French Fries Cole Slaw Melon Coffee, Tea, Milk, Juice	Chicken Salad Croissant Broccoli Cheese Soup Cinnamon Applesauce Coffee, Tea, Milk, Juice	Chili w/Beans Baked Potato Baby Carrots Fruit Cup Coffee, Tea, Milk, Juice	Chicken Stuffing Bake Butternut Squash Corn Fruited Gelatin Coffee, Tea, Milk, Juice	Grilled Cheese Sandwich Vegetable Soup Assorted Chips Mandarin Oranges Coffee, Tea, Milk, Juice	Mostaccioli Capri Veg Blend Garlic Bread Grapes Coffee, Tea, Milk, Juice

Margarine & Assorted Jellies available with all meals

Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change

WK 2

Kitchen



Nov 06 - Nov 12, 2022

Sunday 11-06	Monday 11-07	Tuesday 11-08	Wednesday 11-09	Thursday 11-10	Friday 11-11	Saturday 11-12
Breakfast						
Choice of Hot/Cold Cereal French Toast Stix w/ Margarine & Syrup Scrambled Eggs Sausage Patties Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheese Omelet Breakfast Ham Apple Cinnamon Muffin Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg & Cheese Croissant Canadian Bacon Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Pancakes w/ Margarine & Syrup Scrambled Eggs Sausage Links Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Scrambled Eggs Fruit Danish Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg & Sausage Bake Toast Coffee, Tea, Milk, Juice
Lunch						
Oven Fried Chicken Cheesy Mashed Potatoes Peas & Carrots Dinner Roll Lemon Meringue Pie Coffee, Tea, Milk, Juice	Salisbury Steak Rice Pilaf California Veg Blend Dinner Roll Red Velvet Cake Coffee, Tea, Milk, Juice	Pork Roast Scalloped Potatoes Succotash Buttered Bread Pudding Cup Coffee, Tea, Milk, Juice	Swedish Meatballs Garlic Mashed Potatoes Baby Carrots Dinner Roll Spice Cake Coffee, Tea, Milk, Juice	Chicken a la King Salad or Wax Beans Buttermilk Biscuits Fruit Crisp Coffee, Tea, Milk, Juice	Pepperoni Pizza Cucumber & Tomatoes Bread Stick Orange Sherbet Coffee, Tea, Milk, Juice	BBQ Chicken Baked Beans Scalloped Corn Dinner Roll Pumpkin Mousse Coffee, Tea, Milk, Juice
Dinner						
Crab Cake Slider Creamy Cole Slaw Potato Chips Fruit Cocktail Coffee, Tea, Milk, Juice	Egg Salad Croissant Bean Soup Melon Salad Coffee, Tea, Milk, Juice	Cheese Ravioli Italian Veg Blend Dinner Roll Chilled Peaches Coffee, Tea, Milk, Juice	Turkey Rice Casserole Spinach Buttered Bread Banana Coffee, Tea, Milk, Juice	Ham & Swiss Sandwich Broccoli Cheese Soup Diced Pears Coffee, Tea, Milk, Juice	Vegetable Lasagna California Veg Blend Mandarin Oranges Coffee, Tea, Milk, Juice	Cabbage Rolls Mixed Vegetables Buttered Bread Grapes Coffee, Tea, Milk, Juice

Margarine & Assorted Jellies available with all meals
Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change
WK 3

Kitchen



Nov 13 - Nov 19, 2022

Sunday 11-13	Monday 11-14	Tuesday 11-15	Wednesday 11-16	Thursday 11-17	Friday 11-18	Saturday 11-19
Breakfast						
Choice of Hot/Cold Cereal Buttered Waffles w/ Margarine & Syrup Scrambled Eggs Sausage Patties Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Scrambled Eggs Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg Patty Canadian Bacon English Muffin Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Scrambled Eggs Fruit Danish Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Pancakes w/ Margarine & Syrup Scrambled Eggs Breakfast Ham Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal California Scrambled Eggs Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Bacon English Muffin Coffee, Tea, Milk, Juice
Lunch						
Polish Sausage Red Bliss Potatoes Green Beans Dinner Roll Chocolate Torte Coffee, Tea, Milk, Juice	Baked Tilapia Rice Pilaf Corn Pudding Parfait Coffee, Tea, Milk, Juice	Turkey Stew Broccoli Buttermilk Biscuits Fruit Crisp Coffee, Tea, Milk, Juice	Lasagna Bean Medley Buttered Bread Lemon Bars Coffee, Tea, Milk, Juice	Oven Fried Chicken Gairlic Mashed Potatoes Brussels Sprouts Dinner Roll Peanut Butter Cookies Coffee, Tea, Milk, Juice	Shrimp Jambalaya Spanish Rice Buttered Bread Sour Cream Orange Cake Coffee, Tea, Milk, Juice	Pork Roast Stuffing Dilled Carrots Buttered Bread Brownies Coffee, Tea, Milk, Juice
Dinner						
Chicken Cornbread Bake Baby Carrots Buttered Bread Cinnamon Apples Coffee, Tea, Milk, Juice	Cheeseburger Sweet Potato Wedges Cantaloupe Coffee, Tea, Milk, Juice	Ham & Potato Au Gratin Cauliflower Dinner Roll Banana Coffee, Tea, Milk, Juice	Grilled Chicken Sandwich Cucumber Slices Tater Tots Grapes Coffee, Tea, Milk, Juice	Goulash Italian Veg Blend Breadstick Cinnamon Applesauce Coffee, Tea, Milk, Juice	Tuna Melt Potato Salad Green peas Mandarin Oranges Coffee, Tea, Milk, Juice	Roast Beef & Cheddar Vegetable Soup Curly Fries Watermelon Coffee, Tea, Milk, Juice

Margarine & Assorted Jellies available with all meals

Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change

WK 4

Kitchen



Nov 20 - Nov 26, 2022

Sunday 11-20	Monday 11-21	Tuesday 11-22	Wednesday 11-23	Thursday 11-24	Friday 11-25	Saturday 11-26
Breakfast						
Choice of Hot/Cold Cereal Scrambled Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg & Sausage Bake Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal French Toast Stix Scrambled Eggs Smoked Sausages Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg & Cheese Croissant Breakfast Ham Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Sausage links Raisin Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Fried Eggs Hash Browns Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Scrambled Eggs Cinnamon Swirl Toast Coffee, Tea, Milk, Juice
Lunch						
Chicken & Dumplings Peas & Carrots Dinner Roll Oatmeal Cookies Coffee, Tea, Milk, Juice	Beef Tips w/Mushrooms Egg Noodles Key West Vegetables Dinner Roll Black Forest Parfait Coffee, Tea, Milk, Juice	Breaded Chicken Breast Rice Pilaf Corn Dinner Roll Cheesecake Coffee, Tea, Milk, Juice	Meatloaf Red Potatoes Baby Carrots Buttered Bread Fruit Crisp Coffee, Tea, Milk, Juice	Roast Turkey Mashed Potatoes Stuffing Green Beans Dinner Roll Pumpkin Pie Coffee, Tea, Milk, Juice	Seafood Chowder Butternut Squash Cheddar Biscuits Peach Cobbler Coffee, Tea, Milk, Juice	Salisbury Steak Mashed Potatoes Carrots Dinner Roll Pecan Pie Coffee, Tea, Milk, Juice
Dinner						
Macaroni & Cheese Stewed Tomatoes Dinner Roll Fruit Cocktail Coffee, Tea, Milk, Juice	Ham Salad & Cottage Chs Plate Citrus Gelatin Watermelon Coffee, Tea, Milk, Juice	Chili w/Beans Baked Potato Cornbread Pineapple Chunks Coffee, Tea, Milk, Juice	Philly Cheesesteak French Fries Cole Slaw Ice Cream Coffee, Tea, Milk, Juice	Deli Sandwich Tomato Soup Assorted Chips Bananas Coffee, Tea, Milk, Juice	Cheese Tortellini Italian Green Beans Garlic Bread Strawberry Short Cake Coffee, Tea, Milk, Juice	Chicken Pot Pie California Veg Blend Buttered Bread Diced Pears Coffee, Tea, Milk, Juice

Margarine & Assorted Jellies available with all meals

Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change

WK 5

Kitchen



Nov 27 - Dec 03, 2022

Sunday 11-27	Monday 11-28	Tuesday 11-29	Wednesday 11-30	Thursday 12-01	Friday 12-02	Saturday 12-03
Breakfast						
Choice of Hot/Cold Cereal Waffles w/ Margarine & Syrup Scrambled Eggs Sausage Links Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Fruit Danish Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg Patty Canadian Bacon Toasted Croissant Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Pancakes w/ Margarine & Syrup Scrambled Eggs Sausage Links Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Scrambled Eggs Sausage Patties Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Fried Eggs Bacon Apple Cinnamon Muffins Coffee, Tea, Milk, Juice
Lunch						
Oven Fried Chicken Cinnamon Maple Squash Green Peas Dinner Roll Butterscotch Pudding Coffee, Tea, Milk, Juice	Pork Shoulder Roast Redskin Mashed Potatoes w/Gravy Wax Beans Buttered Bread Apple Pie Coffee, Tea, Milk, Juice	Swedish Meatballs Egg Noodles Broccoli Dinner Roll Raspberry Whip Coffee, Tea, Milk, Juice	Beef Shepherd's Pie Mashed Potatoes Buttered Bread Cupcakes Coffee, Tea, Milk, Juice	Cranberry Glazed Turkey Bread Stuffing Corn Dinner Roll Pumpkin Pie Coffee, Tea, Milk, Juice	Baked Fish Garden Rice Capri Veg Blend Buttered Bread Chocolate Chip Cookie Coffee, Tea, Milk, Juice	Homestyle Veal Mashed Potatoes Green Peas Dinner Roll Cupcakes Coffee, Tea, Milk, Juice
Dinner						
Potato Crusted Tilapia Cheesy Potatoes Carrots Cinnamon Applesauce Coffee, Tea, Milk, Juice	Reuben Casserole Brussels Sprouts Dinner Roll Fruit Cup Coffee, Tea, Milk, Juice	Fajita Chicken Black Beans & Rice Corn Bread Bananas Coffee, Tea, Milk, Juice	Ham & Cheddar Pasty Chunky Veg Soup Carrots Baked Apples Coffee, Tea, Milk, Juice	Beef Pepper Steak Sweet Potatoes Cauliflower Buttered Bread Diced Pears Coffee, Tea, Milk, Juice	6 Cheese Lasagna California Veg Blend Garlic Bread Bananas Coffee, Tea, Milk, Juice	Egg Salad Croissant Minestrone Soup Red grapes Coffee, Tea, Milk, Juice

Margarine & Assorted Jellies available with all meals

Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change

WK 1

Kitchen