



**Oct 02 - Oct 08, 2022**

<b>Sunday 10-02</b>	<b>Monday 10-03</b>	<b>Tuesday 10-04</b>	<b>Wednesday 10-05</b>	<b>Thursday 10-06</b>	<b>Friday 10-07</b>	<b>Saturday 10-08</b>
<b>Breakfast</b>						
Choice of Hot/Cold Cereal French Toast Stix w/ Margarine & Syrup Scrambled Eggs Sausage Patties Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheese Omelet Breakfast Ham Apple Cinnamon Muffin Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg & Cheese Croissant Canadian Bacon Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Pancakes w/ Margarine & Syrup Scrambled Eggs Sausage Links Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Scrambled Eggs Fruit Danish Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg & Sausage Bake Toast Coffee, Tea, Milk, Juice
<b>Lunch</b>						
Oven Fried Chicken Cheesy Mashed Potatoes Peas & Carrots Dinner Roll Lemon Meringue Pie Coffee, Tea, Milk, Juice	Salisbury Steak Rice Pilaf California Veg Blend Dinner Roll Red Velvet Cake Coffee, Tea, Milk, Juice	Pork Roast Scalloped Potatoes Succotash Buttered Bread Pudding Cup Coffee, Tea, Milk, Juice	Swedish Meatballs Garlic Mashed Potatoes Baby Carrots Dinner Roll Spice Cake Coffee, Tea, Milk, Juice	Chicken a la King Salad or Wax Beans Buttermilk Biscuits Fruit Crisp Coffee, Tea, Milk, Juice	Pepperoni Pizza Cucumber & Tomatoes Bread Stick Orange Sherbet Coffee, Tea, Milk, Juice	BBQ Chicken Baked Beans Scalloped Corn Dinner Roll Pumpkin Mousse Coffee, Tea, Milk, Juice
<b>Dinner</b>						
Crab Cake Slider Creamy Cole Slaw Potato Chips Fruit Cocktail Coffee, Tea, Milk, Juice	Egg Salad Croissant Bean Soup Melon Salad Coffee, Tea, Milk, Juice	Cheese Ravioli Italian Veg Blend Dinner Roll Chilled Peaches Coffee, Tea, Milk, Juice	Turkey Rice Casserole Spinach Buttered Bread Banana Coffee, Tea, Milk, Juice	Ham & Swiss Sandwich Broccoli Cheese Soup Diced Pears Coffee, Tea, Milk, Juice	Vegetable Lasagna California Veg Blend Mandarin Oranges Coffee, Tea, Milk, Juice	Cabbage Rolls Mixed Vegetables Buttered Bread Grapes Coffee, Tea, Milk, Juice

Margarine & Assorted Jellies available with all meals

Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change

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**Oct 09 - Oct 15, 2022**

<b>Sunday 10-09</b>	<b>Monday 10-10</b>	<b>Tuesday 10-11</b>	<b>Wednesday 10-12</b>	<b>Thursday 10-13</b>	<b>Friday 10-14</b>	<b>Saturday 10-15</b>
<b>Breakfast</b>						
Choice of Hot/Cold Cereal Buttered Waffles w/ Margarine & Syrup Scrambled Eggs Sausage Patties Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Scrambled Eggs Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg Patty Canadian Bacon English Muffin Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Scrambled Eggs Fruit Danish Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Pancakes w/ Margarine & Syrup Scrambled Eggs Breakfast Ham Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal California Scrambled Eggs Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Bacon English Muffin Coffee, Tea, Milk, Juice
<b>Lunch</b>						
Polish Sausage Red Bliss Potatoes Green Beans Dinner Roll Chocolate Torte Coffee, Tea, Milk, Juice	Baked Tilapia Rice Pilaf Corn Pudding Parfait Coffee, Tea, Milk, Juice	Turkey Stew Broccoli Buttermilk Biscuits Fruit Crisp Coffee, Tea, Milk, Juice	Lasagna Bean Medley Buttered Bread Lemon Bars Coffee, Tea, Milk, Juice	Oven Fried Chicken Gairlic Mashed Potatoes Brussels Sprouts Dinner Roll Peanut Butter Cookies Coffee, Tea, Milk, Juice	Shrimp Jambalaya Spanish Rice Buttered Bread Sour Cream Orange Cake Coffee, Tea, Milk, Juice	Pork Roast Stuffing Dilled Carrots Buttered Bread Brownies Coffee, Tea, Milk, Juice
<b>Dinner</b>						
Chicken Cornbread Bake Baby Carrots Buttered Bread Cinnamon Apples Coffee, Tea, Milk, Juice	Cheeseburger Sweet Potato Wedges Cantaloupe Coffee, Tea, Milk, Juice	Ham & Potato Au Gratin Cauliflower Dinner Roll Banana Coffee, Tea, Milk, Juice	Grilled Chicken Sandwich Cucumber Slices Tater Tots Grapes Coffee, Tea, Milk, Juice	Goulash Italian Veg Blend Breadstick Cinnamon Applesauce Coffee, Tea, Milk, Juice	Tuna Melt Potato Salad Green peas Mandarin Oranges Coffee, Tea, Milk, Juice	Roast Beef & Cheddar Vegetable Soup Curly Fries Watermelon Coffee, Tea, Milk, Juice

Margarine & Assorted Jellies available with all meals

Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change

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**Oct 16 - Oct 22, 2022**

<b>Sunday 10-16</b>	<b>Monday 10-17</b>	<b>Tuesday 10-18</b>	<b>Wednesday 10-19</b>	<b>Thursday 10-20</b>	<b>Friday 10-21</b>	<b>Saturday 10-22</b>
<b>Breakfast</b>						
Choice of Hot/Cold Cereal Scrambled Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg & Sausage Bake Raisin Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal French Toast Stix Scrambled Eggs Smoked Sausages Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg & Cheese Croissant Breakfast Ham Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Pancakes w/ Margarine & Syrup Scrambled Eggs Sausage Links Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Fried Eggs Hash Browns Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Scrambled Eggs Cinnamon Swirl Toast Coffee, Tea, Milk, Juice
<b>Lunch</b>						
Roast Turkey Sweet Potatoes Green Beans Buttered Bread Apple Pie Coffee, Tea, Milk, Juice	Beef Tips w/Mushrooms Egg Noodles Key West Vegetables Dinner Roll Black Forest Parfait Coffee, Tea, Milk, Juice	Breaded Chicken Breast Rice Pilaf Corn Dinner Roll Cheesecake Coffee, Tea, Milk, Juice	Meatloaf Mashed Potatoes Baby Carrots Buttered Bread Fruit Crisp Coffee, Tea, Milk, Juice	Chicken & Dumplings Peas & Carrots Dinner Roll Oatmeal Cookies Coffee, Tea, Milk, Juice	Seafood Chowder Butternut Squash Cheddar Biscuits Peach Cobbler Coffee, Tea, Milk, Juice	Salisbury Steak Mashed Potatoes Carrots Dinner Roll Pecan Pie Coffee, Tea, Milk, Juice
<b>Dinner</b>						
Macaroni & Cheese Stewed Tomatoes Dinner Roll Fruit Cocktail Coffee, Tea, Milk, Juice	Ham Salad & Cottage Chs Plate Citrus Gelatin Watermelon Coffee, Tea, Milk, Juice	Chili w/Beans Baked Potato Cornbread Ice Cream Coffee, Tea, Milk, Juice	Philly Cheesesteak French Fries Cole Slaw Pineapple Chunks Coffee, Tea, Milk, Juice	Ham Steak Scalloped Potatoes Broccoli Bananas Coffee, Tea, Milk, Juice	Cheese Tortellini Italian Green Beans Garlic Bread Strawberry Short Cake Coffee, Tea, Milk, Juice	Chicken Pot Pie California Veg Blend Buttered Bread Diced Pears Coffee, Tea, Milk, Juice

Margarine & Assorted Jellies available with all meals

Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change

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**Oct 23 - Oct 29, 2022**

<b>Sunday 10-23</b>	<b>Monday 10-24</b>	<b>Tuesday 10-25</b>	<b>Wednesday 10-26</b>	<b>Thursday 10-27</b>	<b>Friday 10-28</b>	<b>Saturday 10-29</b>
<b>Breakfast</b>						
Choice of Hot/Cold Cereal Waffles w/ Margarine & Syrup Scrambled Eggs Sausage Links Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Scrambled Eggs Fruit Danish Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Egg Patty Canadian Bacon Toasted Croissant Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Poached Eggs Biscuits & Gravy Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Pancakes w/ Margarine & Syrup Scrambled Eggs Sausage Links Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Cheesy Scrambled Eggs Sausage Patties Toast Coffee, Tea, Milk, Juice	Choice of Hot/Cold Cereal Fried Eggs Bacon Apple Cinnamon Muffins Coffee, Tea, Milk, Juice
<b>Lunch</b>						
Oven Fried Chicken Cinnamon Maple Squash Green Peas Dinner Roll Butterscotch Pudding Coffee, Tea, Milk, Juice	Pork Shoulder Roast Redskin Mashed Potatoes w/Gravy Wax Beans Buttered Bread Apple Pie Coffee, Tea, Milk, Juice	Swedish Meatballs Egg Noodles Broccoli Dinner Roll Raspberry Whip Coffee, Tea, Milk, Juice	Beef Shepherd's Pie Mashed Potatoes Buttered Bread Cupcakes Coffee, Tea, Milk, Juice	Cranberry Glazed Turkey Bread Stuffing Corn Dinner Roll Pumpkin Pie Coffee, Tea, Milk, Juice	Baked Fish Garden Rice Capri Veg Blend Buttered Bread Chocolate Chip Cookie Coffee, Tea, Milk, Juice	Homestyle Veal Mashed Potatoes Green Peas Dinner Roll Cupcakes Coffee, Tea, Milk, Juice
<b>Dinner</b>						
Potato Crusted Tilapia Cheesy Potatoes Carrots Cinnamon Applesauce Coffee, Tea, Milk, Juice	Reuben Casserole Brussels Sprouts Dinner Roll Fruit Cup Coffee, Tea, Milk, Juice	Fajita Chicken Black Beans & Rice Corn Bread Bananas Coffee, Tea, Milk, Juice	Ham & Cheddar Pasty Chunky Veg Soup Carrots Baked Apples Coffee, Tea, Milk, Juice	Beef Pepper Steak Sweet Potatoes Cauliflower Buttered Bread Diced Pears Coffee, Tea, Milk, Juice	6 Cheese Lasagna California Veg Blend Garlic Bread Bananas Coffee, Tea, Milk, Juice	Egg Salad Croissant Minestrone Soup Red grapes Coffee, Tea, Milk, Juice

Margarine & Assorted Jellies available with all meals

Mechanical Soft & Puree Diet options provided with all meals

Menus Subject to Change

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